ECDHD/GNCHC Has Moved!

East Central District Health Department (ECDHD) &
Good Neighbor Community Health Center (GNCHC)

New Address:
ECDHD/GNCHC
PO Box 1028
4321 41st Ave
Columbus, Nebraska, 68601
(Note: Only access to building is from the north off the Lost Creek Bypass)

Hours of Operation:
Monday thru Thursday 8am-8pm
Fridays 8am-5pm

There will be an Open House held in Early April.

Lifeline

Helping you live independently at home...

...Lifeline provides quick access to help, 24 hours a day.

Lifeline is an easy-to-use medical alert service designed to reduce the risk of living alone. In the event of a fall or emergency, help is available at the push of a button. The lifeline personal Help Button connects you to a trained Personal Response Associate who can send help quickly – 24 hours a day, 7 days a week.

For further information, please contact:
Pat Thomazin, Lifeline Coordinator
Columbus Community Hospital
402-562-4499

Welcome New Healthcare Professional Lindsey Bates, APRN

Lindsey Bates, APRN
She has experience in assessing, diagnosing and treating minor acute and chronic health conditions. She is providing care for pediatric to adult patients, with a focus on preventive screenings and promoting healthy lifestyles.

She is a member of the American Association of Nurse Practitioners and the Nebraska Nurse Practitioners.

Lindsey began seeing patients on March 6th in the Columbus Family Practice Clinic located at 4214 38th Street.

Dr. Eiland now practicing in Columbus

Columbus Community Hospital is pleased to welcome Dr. Leslie (Maul) Eiland in her outreach practice of endocrinology. Dr. Eiland is a physician with the Department of Internal Medicine at Nebraska Medicine (UNMC) and will be using both an in-person and telehealth model of practice for Columbus patients.

A native of Columbus, Dr. Eiland received her bachelor’s degree from the University of Notre Dame in Notre Dame, Indiana and her medical degree from Emory University School of Medicine in Atlanta, Georgia. She completed her residency in Internal Medicine at Emory and a fellowship in Diabetes, Endocrinology & Metabolism at Nebraska Medicine.

Dr. Eiland will be providing telehealth services twice each month on the 1st and 3rd Thursdays and will have a quarterly outpatient clinic in the Medical Office Building adjacent to the hospital.

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Lifeline

Physician Relations
Amy Blaser
Vice President
Physician Relations / Business Development
Office 402-562-3371
Cell 402-270-1819

Mike Hansen, FACHE
President/CEO
Office 402-562-3351
Cell 402-649-9575

Office Call
Spring 2015 • Volume 4, Issue 1

Dr. Leslie Eiland

Lindsey Bates, APRN
Kindness More Than Placebo

If surgery, medication and other treatments aren’t working for a patient, physicians may want to try a little tenderness. Kindness in healthcare settings can translate to better outcomes, less pain and anxiety and a faster healing process, among other benefits, a new report explains.

“The statistical significance of kindness-orient ed care on improved outcomes was larger than the effect of aspirin on reducing a heart attack or smoking on male mortality,” noted Dr. James Doty, director of Stanford University School of Medicine’s Center for Compassion and Altruism Research and Education. He and colleagues authored a literature review of studies on the im pact of kindness in healthcare that was presented last week during the inaugural Compassion in Healthcare Conference in San Francisco.

Even in the absence of a cure, kindness may promote healing by restoring hope and a connec tion to something greater, the authors con cluded.

“Caring, listening and communicating clearly are just as important as the medicine doctors and nurses deliver,” Doty said.

Lab Specimen Reminder

The hospital’s goal has always been to make each patient’s experience in our facility a posi tive one. Patients dropping off lab specimens should not only have that positive experience, but one that ensures we have the correct patient information as well.

Please remind your patients that although they are just dropping off a lab specimen, they will also need to go through the registration process and provide their current insurance information. This process will ensure we have the right patient/medical record with their lab specimen.

Although the Emergency Department is open 24/7, the best place for patients to drop off their specimens during the week is at the registration desk in the main Lab Department located in the HealthPark Medical Office Building. The lab is open daily from 8:00 a.m. to 4:30 p.m.

The Draw Center Lab near the main CCH Reg istration area is also open daily from 6:00 a.m. to 5:00 p.m.

The Emergency Department is very happy to serve patients as a drop off point between 5 p.m. and 5:30 a.m. when the other lab areas are closed. Because patients in the ED will take first priority, please let your patients know that if they are going to bring their specimens to the ED, they may need to wait.

Thank you in advance for sharing this information with your patients and for helping us provide the safest and best possible experience for your patients.

A Growing Demand for Driver Rehabilitation

America’s population is turning gray. By 2030, the U.S. Census Bureau predicts the number of people aged 65 and over will nearly double from the current level of 40 million up to 78 million. Consequently, the number of older drivers on our roadways will increase dramatically. Columbus Community Hospi tal’s Driver Rehabilitation Program can assist you in answering that difficult yet very im portant question that many of your patients face: Can I continue to drive?

Driving is a complex task involving vision, appropriate cognitive skills, and integrated reflexes that are required to process what a person sees and be able to react effectively for behind-the-wheel decisions. While older adults typically have decades of experience, age-related declines can result in driving im pairsments. In addition, those who suffer from an onset of a stroke, traumatic brain injury, or other neurological disorders experience decline in many areas and the loss of inde pendence and freedom to drive can be dev astating.

These impairments, whether age-related or due to illness or disease, can make an older adult less safe while driving on the road. Our Driver Rehab Program can make an impact. Instead of your patient driving one day and suddenly losing that privilege the next day, this driving program can make it more of a continuum. Involving your patients in our program can be more than a “yes” or “no” answer to driving safely.

Since July 2011, Julie Bennett, a certified and licensed Occupational Therapist, has served as your driving specialist in the evaluation and treatment of many older individuals. Julie will complete a comprehensive evaluation of the patient’s physical abilities, perception, reaction time, vision status, and cognitive skills, followed by an on the road assessment in our rehab vehicle. After completing the road as sessment, Julie will sit down with the patient and, in most cases, the family, to discuss results and recommendations. Recommendations come in a wide range of possibilities. We discuss whether the patient has the ability to drive inde pendently, with a possible restricted license or even drive at all, and whether custom ized on-the-road training is required, or if there is a need for vehicle modifications. In some situations and prior to on-the-road training, skilled Occupa tional, Physical, and Speech Therapy are recommended to address identified deficits.

So how can you answer “yes” to the driv ing question and feel confident that your patients are safe on the road? You can recommend a driving evaluation from the hospital’s driving specialist, Julie Bennett. The results, along with a full assessment and recommendations, will be provided to you to assist you in guiding your patient in their decision to drive.

To schedule an appointment with Julie for your patient, call Rehabilitative Services at 402-562-3333.

Physician’s Weekly Poster

Since 1983, Physician’s Weekly has been the leading source of weekly news and information for busy physicians nationwide. The posters provide physician viewpoints, medical news and information in special ties including coverage of Surgery, Emergency De partments, Oncology, Primary Care, Cardiology and Endocrinology — as well as original blog articles and multimedia content. Through the oversized poster format, which you will find on the back side of the physician’s lounge door, Physician’s Weekly posters reach more than 206,000 practicing clinicians. Since being acquired by a group of healthcare profession als in 2002, they have been expanding their hospital network of over 1,500 participating institutions.
CCH Life Support Classes - 2015

ACLS Provider Courses
8:00a.m. - 4:30 p.m.
Wednesday & Thursday, May 20 & 21
Wednesday & Thursday, July 29 & 30
Tuesday & Wednesday November 10 & 11

ACLS Renewal Courses
8:00a.m. - 4:30 p.m.
Thursday, May 28
Wednesday, July 8
Wednesday, September 9
Tuesday, September 29
Monday, November 16

Healthcare Provider Renewal Classes - Platte Room

Monday, April 6, 2015, 8:30a - 11:30a
Tuesday, April 21, 2015, 2:30p - 5:30p
Wednesday, May 6, 2015, 8:30a - 11:30a
Tuesday, May 26, 2015, 8:30a - 11:30a
Thursday, June 11, 2015, 8:30a - 11:30a
Monday, June 22, 2015, 2:30p - 5:30p

PALS Provider Courses
8:00a.m. - 4:30 p.m.
Thursday & Friday, April 23 & 24
Thursday & Friday, August 27 & 28

PALS Renewal Courses
8:00a.m. - 4:30 p.m.
Wednesday, April 15
Tuesday, June 22
Thursday, August 20
Thursday, October 22
Friday, November 20

Healthstream Instructions
- After logging into Healthstream, click the Catalog Tab
- Click on Life Support, select Healthcare Provider Renew Class (CCH Instructors) BLS-010
- Click on Show Class Schedule
- Click on Register beside session of choice
Please call Cheryl at Ext. 3320 for assistance when registering for ACLS & PALS and any questions. Thank you.

CCH Renewal Skills Testing Only - 2015

BLS Part One Online Testing:
1. Contact Education Department at 419-562-3377 or email cmbartholomew@columbushosp.org to obtain a key code to test online.
2. Go online and take the course followed by the test.
3. After completion of the test, print certificate.
4. Sign up for 1 of the 30 minute sessions for Healthcare Provider Skills testing in Healthstream. Must be done within 60 days of class.
5. Bring certificate to class and test out of the skills portion of certification.

Skills testing is in the Heart Code Room, Education Department above ER.

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MRSA/VRE Isolation Practice Change

The Infection Control Committee at Columbus Community Hospital has approved an Isolation Practice Change for treating patients with a HISTORY of Methicillin-Resistant Staphylococcus aureus (MRSA) or HISTORY of Vancomycin-Resistant Enterococcus (VRE).

Effective February 2, 2015, patients with a HISTORY of MRSA/VRE no longer require Contact Isolation. This new practice change works with the continued use of good hand hygiene, environmental cleaning, and consistent use of standard precautions with readily available personal protective equipment.

Key Points for the MRSA/VRE Isolation Practice Change:
1. Contact Isolation is no longer required for patients with a HISTORY of MRSA/VRE.
2. Patients with ACTIVE MRSA/VRE still be placed in Contact Isolation.
3. Patients with a history of MRSA/VRE still carry an infection flag.
4. Per standard precautions, patients experiencing secretions, excretions and/or wound drainage that cannot be contained will be placed in contact isolation.

If you have any questions, please contact Krista Beiermann, BSN, RN, Risk Management/Infection Prevention at 402-562-3361.