

# THE Importance of Caring

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my journey into nursing



## Deb Papstein, LPN

CLINIC COORDINATOR, HUMPHREY MEDICAL CLINIC

Deb Papstein, LPN, wasn't always planning on a career in nursing. She worked in several other fields before finding her place in health care.

**"I did not take a typical path to my present career,"** Papstein said.

After she graduated from high school, Papstein worked at the YMCA for ten years. But not seeing a chance for further advancement at the time, she resigned her position in the summer of 1987.

She worked in her family's business for two months, then coached several youth softball and baseball teams that summer.

**"When the season was over, I needed to seek full time employment,"** Papstein said.

So, she turned to her local nursing home. She started working at a nursing home in Norfolk as a certified nursing assistant (CNA)/medication aide. Papstein went on to work at two nursing homes in Norfolk before getting her nursing degree from Northeast Community College in Norfolk.

Papstein continued to work at the nursing home for two years after her graduation until she applied for a position at Columbus Community Hospital (CCH) in 1995. She was hired at CCH in June 1995 and she has been with the hospital ever since.

Papstein started her work at CCH in the acute care department. She worked in CCH's outpatient surgery and emergency departments before she moved to her current position at Humphrey Medical Clinic in 2007.

Papstein is the clinic coordinator at CCH's Humphrey Medical Clinic which is the primary care clinic in Humphrey. The clinic, at 303 Main St., cares for patients of all ages - from infants to geriatrics. It has been providing exceptional health care to Humphrey and area residents for more than 30 years.

The clinic offers the services of Dr. Michelle Sell, Dr. Kipton Anderson and Lois A. Franzen, APRN-C, FNP. Its hours are 8 a.m. to 2:30 p.m., Monday to Friday.

In her role as clinic coordinator, Papstein's duties are to assist the clinic's

practitioners and perform office duties. She said she has been very supported by CCH in this work.

**"The hospital is very supportive in supplying the equipment and education needed to give patients the best care possible,"** Papstein said.

**For more information on Papstein or the services offered through CCH's Humphrey Medical Clinic, visit [www.columbushosp.org](http://www.columbushosp.org).**