

THE Importance of Caring

DECEMBER 2019

my journey into health care



Ben Dush

ROLLER
A.K.A. RUNNER/FOOD SERVICE AID

Ben Dush is a runner/food service aid at Columbus Community Hospital (CCH) but Dush calls himself a roller instead, in a nod to his wheelchair. (He has been in a wheelchair since childhood because of spina bifida, a birth defect that causes an infant's spine and spinal cord not to form properly.)

Dush, a 2009 Columbus High School graduate, started at CCH in August 2018.

In his position as roller, Dush delivers patients their meals and does a variety of other tasks for the Nutrition Services department.

"My typical day is when I arrive at work, I take temps of food, get all the patients their menus for breakfast, I deliver the trays to the patients, take them their lunch menus, clean up all of the dirty trays from breakfast, restock the pantries and then do it all over again for lunch," he said.

In his work, Dush said he uses many skills he learned from his previous employers. But the skills he uses most often are his customer service skills he uses with patients, who he always tries to treat as he would want to be treated.

Dush was drawn to work in the health care field because he has been a patient before and knows the impact a bit of caring can make to someone in the hospital.

"I wanted a job in health care because I know the feeling of being a patient and want to make their day go better with a friendly face," he said.

Dush said he enjoys his job at the hospital and that CCH has supported him in his work.

"The hospital has supported me in many different ways. They have provided me with different assisted devices to help me with my position. Plus, I have a lot of support from my supervisor and coworkers as well," he said.

Though Dush is fairly new to his job, he's happy to have found a position in the health care field.

"Health care is a very rewarding job," he said.

Outside of work, Dush stays involved with CCH through events like their We Can Run, Walk & Roll that was held September 14.

The We Can Run, Walk & Roll event is designed to allow competitors of all levels and abilities to race together. The goal of the event is to promote community wellness while providing a race that is for everyone – from beginners to competitive runners, joggers and walkers. Individuals using wheelchairs also have the opportunity to compete in the event individually or with the assistance of a team of up to three pushers.

Dush has raced in the event four times, three times in the 5K and this year in the 1-mile event.

For more information on Dush or We Can Run, Walk & Roll, visit our website at www.columbushosp.org.