



CHEST PAIN
TIGHTNESS
SQUEEZING
BURNING
SHOULDER PAIN
JAW PAIN
FATIGUE
BACK PAIN

Look into your heart.

Chest pain could mean nothing. But if you leave it unchecked, it could take everything. Columbus Community Hospital wants you to know the symptoms of heart disease and when it's necessary to take action.

According to the Centers for Disease Control and Prevention, heart disease causes one in four deaths, making it the leading cause of death in the United States. Early detection is essential for minimizing its impact.

Individuals who experience typical chest pain often feel tightness, squeezing or a burning sensation in the middle of their chest that starts as a result of stress or activity, and is relieved with rest. However, many people may not know other symptoms such as unexplained shoulder, jaw, neck or back pain; shortness of breath; fatigue; or heartburn may also indicate heart disease.

Talk with your care provider for additional guidance. If you experience symptoms and do not have a care provider established, contact Columbus Cardiology Clinic.

Know the symptoms.

For more information on our comprehensive cardiology services, call 402-562-4835 or visit columbushosp.org.



 columbushosp.org