

Is heart disease in your future?

Learn your risk with cardiac calcium scoring.

A cardiac calcium score is a tool that can be useful in estimating the risk of a future coronary event.

The quick and non-invasive procedure checks for plaque or calcium buildup in the coronary arteries, which could cause heart disease or a heart attack.

Who should have cardiac calcium scoring?

Calcium scoring is for men — 35 to 70 years old — or women — 40 to 70 years old — who have had a heart attack or been diagnosed with heart disease, and have one or more of the following major risk factors for developing heart disease:

- Total cholesterol over 200.
- LDL “bad” cholesterol over 130.
- HDL “good” cholesterol below 40.
- High blood pressure.
- Diabetes.
- Smoking.
- History of blocked arteries in the legs or pain in the calves when walking.
- History of stroke.
- Family history of premature coronary disease (parent, grandparent or sibling with a heart attack or other coronary event before age 65).

Patients must have a physician referral for cardiac calcium scoring, so for more information or to request an appointment, talk to your primary care provider or cardiologist. For information on CCH’s services, please visit columbushosp.org.



Talk with your doctor today.



    columbushosp.org

The exam cost is \$150, payable to Columbus Community Hospital. Patients will need to pay for the procedure, as most insurances will not cover the cost of this test. We will not perform the test if we do not receive payment before the exam.