



News Release

Contact: Amy Blaser, Vice President

Phone: (402) 562-3371

Email: aebblaser@columbushosp.org

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Area residents are encouraged to join the Platte County Lifestyle Coalition

For Immediate Release

(COLUMBUS, Neb.) – The Platte County Lifestyle Coalition – a local coalition dedicated to promoting healthy lifestyles – is currently seeking new members.

The group is made up of two local coalitions from the East Central District Health Department and Columbus Community Hospital, as well as representatives from local businesses, schools, city offices, health care providers and service agencies. Concerned citizens are also involved in the coalition, which has three action teams: community, school and worksite.

The coalition meets on the second Friday of each month from 7-8 a.m. followed by action team breakout from 8-8:30 a.m. Meetings are held via the Zoom platform.

As part of its mission to promote healthy lifestyles, the PCLC is involved with several local health and wellness programs, including the Walk to Jerusalem, the Complete Health Improvement Program, running clubs at local schools, Walk with a Doc and more.

To learn more about the PCLC or how people can become involved, contact Gene Vis, Platte County Lifestyle Coalition coordinator, at 402-562-4480 or edvis@columbushosp.org.

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