

An in-depth look at ...

Columbus Community Hospital 2019-2020

Where your health matters.



Columbus Community Hospital can trace its roots back more than 140 years to when the Sisters of St. Francis of Olpe, Germany, established St. Mary Hospital in 1879. The CCH we know today was established in 1972 by the merger of St. Mary Hospital and Behlen Memorial Hospital.

Today, CCH is a not-for-profit hospital governed by a local board of directors, licensed by the Nebraska State Board of Health and accredited by the Joint Commission. It's a 47-bed acute care facility certified for swing beds with an additional 14 ambulatory outpatient beds and four skilled nursing beds.

CCH's 153,000 square foot facility is located in the northwest part of Columbus and the hospital provides additional services through the Healthpark Medical Office Building, Columbus Wellness Center, CCH Child Care Center, CCH South Campus, Humphrey Medical Clinic and Premier Physical Therapy.

CCH has always grown and adapted to meet the needs of its community and it lived up to that mission in the 2019-2020 fiscal year as it worked on a \$35-million expansion and renovation project, added new technology, and expanded its service offerings.

Mission:

Our Mission is to improve the health of the communities we serve.

Vision:

Our Vision is to compassionately deliver the state's highest quality patient care.

Values:

Integrity

Compassion

Accountability

Respect

Excellence





Michael Hansen, FACHE
President/CEO

A Message From Our CEO:

The past year has been special for me personally because 2019 marked my 10-year anniversary as president of Columbus Community Hospital.

This year and every year, I've been impressed and inspired by the people who work and volunteer with our organization. We have great staff members, physicians and volunteers who work together to offer the best possible care to our patients.

It is through their hard work and dedication that, as an organization, we've been able to receive multiple awards and accolades.

In the past fiscal year alone, we've:

- Been named one of the top 20 rural and community hospitals in the United States
- Received an "A" grade in The Leapfrog Group's Fall 2019 Hospital Safety Score to maintain a "Straight A Record" for nine consecutive scoring cycles
- Received a 2019 Excellence in Patient Care Award from Huron's Studer Group
- Earned Pathway to Excellence® designation as a preferred employer for nurses, and
- Been named a Preferred Center for total knee and hip replacements by Blue Cross Blue Shield of Nebraska

These honors speak to the skill and compassion of our staff. They are also proof of our organization's commitment to bringing the latest equipment and services to our community – something we have continued to focus on this past year. Over the past 12 months, we've continued work on our expansion and renovation project, added invaluable new services like an opioid intervention program and inpatient hemodialysis, purchased new equipment that will enhance our surgical capabilities, and much more.

Please take a moment to read this report that highlights what our team has accomplished from May 1, 2019 to April 30, 2020 and how we are working to improve the health of our community.

Expanding Our Facility

Columbus Community Hospital broke ground on a \$35-million expansion and renovation project on April 5, 2019 and work has continued on this project throughout the 2019-2020 fiscal year. The renovation will primarily impact the Surgical Services, Maternal Child Health and Radiology departments of the hospital.

The largest structural change will be an expanded Surgical Services Department which will include five operating rooms with space dedicated for operations, endoscopic procedures and same day surgeries. A separate addition on the first floor will include a new Cardiopulmonary Rehabilitation Department. As part of the renovation, the Maternal Child Health Department will be also be updated after a move to the third floor. The updated unit is expected to include eight rooms for labor, delivery, recovery and postpartum (LDRPs), along with four additional rooms for postpartum care.

The hospital will continue regular operations throughout the renovation process, which is expected to be completed by the end of 2021.

Board of Directors 2019-2020

- Brett Bonwell – Chair
- Jeff Gokie – Vice Chair
- Michael Hansen – Secretary
- Julie Haney - Treasurer
- Stan Emerson
- Jeffrey Gotschall, M.D.
- Clark Lehr
- Sarah Pillen
- Beth Przymus
- Bryan Schmidt
- Tim Tooley
- Dale Zaruba, M.D.
- Joan Keit, M.D.



CCH Foundation

The mission of the Columbus Community Foundation is to build goodwill and financial support for Columbus Community Hospital.

During the 2019-20 fiscal year, the Foundation contributed to the following projects, among others:

- The expansion and renovation project
- Briggs & Barrett Project
- The ACCLARENT TruDi™ Nav System for sinus surgeries
- A vein visualizer system
- Walkers for every patient room
- Scholarships for area students
- CCH Cares Employee Relief Fund
- Support for programs, such as:
 - Thrive Cancer Rehabilitation Care
 - A Time to Heal
 - Hospice
 - Precious Hearts memorial services
 - Parkinson's therapy through the Rehabilitative Services Department

Want to learn about the work of the Foundation? Visit the Foundation page of our website at www.columbushosp.org.



Physician Recruitment

Columbus Community Hospital is committed to offering comprehensive health care services in our community. That's why we actively recruit and develop long-term relationships with physicians to meet the growing needs of the communities we serve.

In the 2019-2020 fiscal year, a total of six providers were successfully recruited. This includes providers in areas such as psychiatry, orthopedics and emergency medicine.

Are you looking for a doctor or specialist? Check out the Find a Physician feature on our website to get more information on medical specialties, board certification and clinical interests to help you make an informed decision.

www.columbushosp.org/findadoc

Volunteer Services

During May 2019 through April 2020, more than 265 volunteers served in 41 capacities throughout Columbus Community Hospital. Volunteers' service contributions to CCH equal more than 20,000 hours annually.

Volunteers hosted nine fundraising events in 2019. They also assisted with five on-site blood drives which collected 185 units of whole blood and 25 units of "power reds."



Quick Facts:

By The Numbers:



- Employees – More than 800
- Physicians – 49
- Medical Specialties – 14
- Specialty Services – 20
- Volunteers – More than 250

TOTAL ANNUAL ADMISSIONS

Inpatient Admissions:	1,837
Swing Bed Admissions:	99
Newborns:	592
Emergency Visits:	11,866
Outpatient Surgical Procedures:	2,868
Inpatient Surgical Procedures:	616



Community Benefit Summary

TRADITIONAL CHARITY CARE\$652,871

Health care services provided free of charge, or at a discounted fee schedule, to people who meet predetermined financial criteria. As required for government reporting, this figure is based on calculated costs, not charges to patients.

COMMUNITY HEALTH EDUCATION AND OUTREACH..... \$279,290

Includes activities carried out to improve community health and health care services that are subsidized because they meet an identified need in the community.

- Complete Health Improvement Program
- Meals on Wheels – more than 11,000 people served
- National Diabetes Prevention Program taught by registered dietitians
- S.N.A.P. Kids Summer Health Camp – two-day camp for children to address overall health and safety issues in the community
- Local business workshops hosted by Occupational Health Services
- Healthy Families network – which offers educational support and resources to more than 340 families
- Free interpreter services

UNPAID COSTS OF PUBLIC PROGRAMS..... \$5,478,743

Medicare and Medicaid shortfalls are deficits created when Columbus Community Hospital receives payments from the government that are less than the cost of care for public programs.

HEALTH PROFESSIONAL MEDICAL EDUCATION\$18,041

Scholarships and funding for health professionals' education.

TOTAL AMOUNT OF COMMUNITY BENEFIT \$6,439,587



New, State-of-the-Art Equipment

Columbus Community Hospital is committed to providing the newest and most advanced technology to ensure its patients have the best care. To live up to that mission, CCH purchased two pieces of advanced surgical equipment this fiscal year: the Mako Robotic-Arm Assisted Surgery System and the ACCLARENT TruDi™ Nav System.

Stryker's Mako Robotic-Arm Assisted Surgery System is being used by CCH's orthopedic surgeons during total knee, partial knee and total hip replacements. With it, they can control sizing and implant position based on a preoperative CT scan. When bone cuts are performed with this robotic-assisted technology, there is less trauma to surrounding tissue, shorter hospital stays and less post-operative pain.

The ACCLARENT TruDi™ Nav System is an electromagnetic navigation system for ear, nose and throat surgeries. The system is designed for endoscopic sinus surgery and other types of otolaryngology procedures. It enables CCH's otolaryngologists to better serve patients with sinus disease, allergies and nasal polyps.



Healthy Lifestyle Programs

Columbus Community Hospital's mission is to improve the health of the communities it serves. That's why CCH offers a variety of health and wellness programs and services to community members so they can take charge of their health.

National Diabetes Prevention Program

The National Diabetes Prevention Program at Columbus Community Hospital is designed to help people with pre-diabetes reduce their risk of Type 2 diabetes and improve their overall health. In this yearlong program, participants meet in a group with a trained lifestyle coach for at least 16 sessions during the first six months and then sessions once or twice a month for the rest of the year. The lifestyle coach helps participants make small changes to their lifestyles that can lead to big results. Since CCH started offering the program in 2017, participants have lost an average of 5 to 6% of their body weight and averaged more than 200 minutes of activity each week. The program received national recognition in 2018.

CHIP and Club CHIP

Columbus Community Hospital offers the Complete Health Improvement Program, an affordable lifestyle enrichment program designed to reduce disease risk factors through lifestyle modification. CHIP courses are offered in 18, one-hour sessions over three months. At various points throughout the program, participants take part in blood draws and health risk assessments which help track their progress. Following their participation in the program, participants can also join Club CHIP, a support group for people who have successfully completed the program.

Food Thoughts and Cooking Classes

Columbus Community Hospital's dietitians offer a variety of programs to educate community members on nutrition and healthy eating. Their free Food Thoughts program gives community members the opportunity to interact with nutrition professionals in weekly, one-hour sessions. CCH dietitians and certified diabetes educators also lead monthly cooking classes which cover topics like Cooking for a Healthy Blood Pressure and Meals with Hidden Healthy Foods. The classes cost just \$15.



Walk with a Doc

Columbus Community Hospital hosts a Walk with a Doc event the third Tuesday of each month at various locations across Columbus. During these events, community members are invited to walk and talk with CCH's health care providers. These events encourage physical activity in people of all ages and they are a great way to get out, get active and enjoy all the benefits that come from walking. The free events last about an hour. No registration is necessary and no special gear is needed.

Other healthy lifestyle programs offered by CCH, include:

- BikeFit and CarFit Events
- Bike Share (through a partnership with Columbus in Action)
- Bump and Beyond Prepared Childbirth Class
- CCH Healthcasts
- Community Lunch & Learn events
- Rock Steady Boxing for people with Parkinson's disease
- SNAP Camp
- Support groups



2020 Community Calendar

Having trouble keeping up with all the classes and support groups offered at Columbus Community Hospital? Stay up to date on the latest happenings at CCH by visiting our calendar of events on www.columbushosp.org.

Reviewing Our Year in Advancements

MEDICAL:

Columbus Community Hospital's vision is to compassionately deliver the state's highest quality patient care so it continually works to advance and expand its service offerings. This fiscal year, CCH enhanced its services by opening a new clinic and creating new service lines.

Columbus Psychiatry Clinic: In August 2019, Columbus Community Hospital opened the Columbus Psychiatry Clinic, the only full-time, locally based psychiatry clinic in Columbus. The clinic offers the services of Venkata Kolli, MBBS, who is board-certified in adult psychiatry and child and adolescent psychiatry. Dr. Kolli attended medical school in India and graduated from NTR University of Health Sciences. Following additional studies in the U.K., Dr. Kolli became a member of the Royal College of Psychiatrists. After practicing for seven years in England, he moved to the U.S. and completed residency and fellowship programs in psychiatry at Creighton University in 2015.

Dr. Kolli is licensed to prescribe medications and treat a range of mental health conditions, including depression, anxiety, post-traumatic stress disorder and more. He has a special interest in adolescent mental health.

The Columbus Psychiatry Clinic is in the Healthpark Medical Office Building at 4508 38th St., Suite 165.

Opioid Intervention Program: Columbus Community Hospital launched a new opioid intervention program in June 2019. The program is offered through Bryan Health's Bryan Independence Center, a substance use treatment center which offers inpatient and outpatient treatment for substance abuse. In the program, physicians are able to refer patients who are misusing opioids/opiates to a telemedicine substance use assessment with one of Bryan's specialized intervention nurses.

Inpatient Hemodialysis: Columbus Community Hospital added a new inpatient hemodialysis service in August 2019. In the past, hospitalized patients at CCH who required dialysis were transferred to other facilities to receive that care. Through this new service, CCH inpatients are able to receive dialysis at the hospital. The new inpatient hemodialysis service is a partnership between CCH, Bryan Telemedicine, Dialysis Center of Columbus and Nephrology Care, LLC.

ORGANIZATION:

Pathway to Excellence® Designation: Columbus Community Hospital works hard to provide a positive working environment for its staff. This fiscal year, that commitment was recognized by the American Nurses Credentialing Center which named Columbus Community Hospital a Pathway to Excellence® organization in June 2019.

This program recognizes health care organizations that commit to creating a positive working environment. According to the ANCC, the Pathway to Excellence® program is the "premier designation for healthy work environments." CCH is one of only three hospitals in the state to achieve this designation.

Lean Healthcare: Columbus Community Hospital uses Lean Healthcare, a process improvement methodology, leadership style and management system that emphasizes eliminating waste to add value for patients.

Since its introduction at CCH, Lean has made improvements throughout the organization. In 2019-2020 fiscal year, the Lean team realized a 40% increase in the number of improvements and organizational impacts compared to the previous fiscal year. It has also worked on improvements with the following departments: ACU/ICU, ED, Same Day Services, Maternal Child Health, Laboratory, Radiology, Respiratory Therapy, OR, Nutrition Services, Pharmacy, Education, Cardiopulmonary Rehab and Home Health.

COMMUNITY:

Columbus Community Hospital holds a variety of events throughout the year to promote health and wellness, and encourage community involvement.

The 9th annual We Can Run, Walk & Roll event was held on Saturday, September 14. Participants in wheelchairs rolled alongside runners and walkers in a race designed to break down barriers of physical disabilities. Proceeds from the event go toward purchasing AmTryke® tricycles for individuals in the community with disabilities. Since 2011, more than 50 AmTrykes have been funded from the event.

The 16th annual Tune Up for Life Community Health Fair was held Saturday, September 7. The health fair featured free health screenings for blood pressure, body composition, bone mineral density and more, as well as discounted health tests and vaccines. Bryan Health's Mobile Screening Services were also on site, along with the Nebraska State Patrol who conducted simulations of what it's like to be in a rollover accident.

In the 2019-2020 fiscal year, CCH also offered several other community events, including:

- 2nd Annual Baby Olympics
- Kids Safety Day
- 16th Annual Diabetes Awareness Day
- Senior Living Festival
- National Healthcare Decisions Day
- Veterans Appreciation Breakfast
- Ask the Pediatrician
- Oh Deer, The Holidays are Here!



[columbushosp.org](https://www.columbushosp.org)

4600 38th Street • P.O. Box 1800
Columbus, NE 68602-1800
402-564-7118