



News Release

Contact: Amy Blaser, Vice President

Phone: 402-562-3371

Email: aebblaser@columbushosp.org

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Platte County Lifestyle Coalition releases 2020-2021 annual report

For Immediate Release

(COLUMBUS, Neb.) – The Platte County Lifestyle Coalition (PCLC) brings community representatives together to make healthy choices more accessible in the area. It connects with community organizations to implement effective strategies for physical activity and healthy eating.

The PCLC consists of two local coalitions from the East Central District Health Department and Columbus Community Hospital, and representatives from local businesses, schools, city offices, health care providers and service agencies. Concerned citizens are also involved in the coalition.

The PCLC recently released an annual report that includes information about:

- The PCLC's vision, mission and goals.
- Community action programs.
- School action programs.
- Workplace action programs.
- Objectives for fiscal year 2021-22.

The annual report focuses on fiscal year 2020-21, from May 1, 2020, to April 30, 2021. It also provides a brief look at the coalition's goals for fiscal year 2021-22.

Gene Vis, PCLC coordinator, said the annual report shows what the coalition is working on to benefit the community.

"Everyone knows we need to be more active and have a healthy diet, but not everyone knows how to make the changes necessary to achieve success," Vis said. "This annual report offers different starting points a person can use to get moving in the right direction."

The report is available on the CCH website:

https://www.columbushosp.org/news_events/pclc_annual_report.aspx.

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