



News Release

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“Park Your Chair and Walk the Square”

For Immediate Release

(COLUMBUS, Neb.) – The Platte County Lifestyle Coalition is dedicated to promoting a culture of health in the Columbus community. It encourages people to move more, eat healthier and get proper rest to live their healthiest lives.

As part of the coalition’s effort to promote moving, it will be hosting “Park Your Chair and Walk the Square” activities at all summer 2022 Lawn Chairs on the Square events.

Lawn Chairs on the Square occurs from 7-8:30 p.m. Thursdays from June 2 through Aug. 11 at Frankfort Square in downtown Columbus.

The “Park Your Chair and Walk the Square” initiative will encourage all Lawn Chairs on the Square attendees to walk around the square until a few minutes before the weekly event begins. It promotes increased physical activity for all ages.

To learn more about these events, the coalition’s efforts to create a healthier community or how you can become involved, contact Gene Vis, PCLC coordinator, at 402-562-4686 or edvis@columbushosp.org.

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