



News Release

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Date: September 1, 2021

**Platte County Lifestyle Coalition raises awareness of  
September's Suicide Prevention Month**

For Immediate Release

**(COLUMBUS, Neb.)** – The Platte County Lifestyle Coalition is a local coalition dedicated to promoting healthy lifestyles. This month, the coalition is highlighting the importance of September's Suicide Prevention Month and raising awareness of suicide prevention resources.

For immediate suicide prevention support, people can call the local Crisis Response hotline at 402-564-3264.

The National Suicide Prevention Lifeline is also available 24/7 at 1-800-273-TALK (8255), with interpreters for non-English speakers. The lifeline provides free and confidential support for people in crisis, and was founded in part by the U.S. Substance Abuse and Mental Health Services Administration.

Additionally, CCH's Columbus Psychiatry Clinic offers comprehensive mental health services for people of all ages and can be reached at 402-562-4765.

As part of its mission to promote healthy lifestyles, the PCLC is involved with several local health and wellness programs, including the Walk to Jerusalem, Complete Health Improvement Program, running clubs at local schools, Walk with a Doc and more.

For more information about the PCLC or how you can become involved, contact Gene Vis, PCLC coordinator, at 402-562-4686 or [edvis@columbushosp.org](mailto:edvis@columbushosp.org).

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