



News Release

Contact: Amy Blaser, Vice President

Phone: 402-562-3371

Email: [aebblaser@columbushosp.org](mailto:aebblaser@columbushosp.org)

Date: September 12, 2022

### **Hospital to host free diabetes awareness event**

For Immediate Release

**(COLUMBUS, Neb.)** – If you want to learn more about diabetes and how to control it, Columbus Community Hospital has just the event for you. Diabetes Awareness Day will take place from 3:30-6:30 p.m. on Thursday, Oct. 6, in the hospital’s first-floor conference center. The event will include cooking and exercise demonstrations, informational booths and free and discounted screenings and immunizations.

Below are the screenings and immunizations that will be available:

- Blood sugar.
- Blood pressure.
- Vision.
- Hearing.
- Bone density.
- A1c - \$20.
- Fingertick cholesterol - \$8.
- Influenza immunization - \$21.
- Pneumovax vaccine - \$120.
- Prevnar 13 vaccine - \$165.
- Foot checks.

Screenings will be provided by the Columbus Lions Club, CCH Occupational Health Services and hospital staff.

For more information on Diabetes Awareness Day, please call 402-562-4462 or visit [www.columbushosp.org](http://www.columbushosp.org).

###