



News Release

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### **Columbus Community Hospital to host spring diabetes event**

For Immediate Release

**(COLUMBUS, Neb.)** – It can be a daily struggle living with diabetes, which increases a person’s risk for heart disease and stroke and can lead to other serious complications, such as kidney failure, blindness and amputation of a toe, foot or leg.

Columbus Community Hospital actively works to educate the community on the risks of diabetes and helps people living with the disease to prevent these complications.

As part of these efforts, CCH will host a spring diabetes event at 6:30 p.m. Thursday, April 28, in the hospital’s first-floor conference room. The event is free and open to the public. The goal is to help attendees better manage and understand diabetes.

Attendees can enjoy a light meal while hearing from Dr. Todd Tessendorf, a cardiologist at Bryan Health. He will present a program on “Diabetes and Heart Health.”

Attendees should register for the event by calling 402-562-4462 before April 25.

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