



News Release

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Special walking event centers on heart health

For Immediate Release

(COLUMBUS, Neb.) – Columbus Community Hospital Occupational Health Services is offering a special Walk with a Doc event hosted by Dr. Sabu George, cardiologist at Columbus Cardiology Clinic. The event takes place Wednesday, May 31, at Lake Esther.

Participants can submit their cardiology questions to edvis@columbushosp.org by May 17. On May 31, George will answer questions before walking with participants.

The hospital invites all community members to attend the walk — it's a good way to stay active and healthy. There is no need to register or bring special gear.

The event will move to the US 30 Center Mall in the event of bad weather. For more information, visit columbushosp.org.