



News Release

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### **Columbus Community Hospital program helps patients navigate cancer**

For Immediate Release

**(COLUMBUS, Neb.) –**

A cancer diagnosis can be one of the most overwhelming and emotional pieces of news a person will ever receive.

At Columbus Community Hospital, a free program helps guide people who have been diagnosed with cancer through the process. The patient navigation program ensures patients receive quality care throughout their entire cancer treatment and recovery.

Oncology nurses and an oncology resource specialist help educate and prepare patients and their families to cope with the challenges that lie ahead.

A nurse navigator can:

- Help provide diagnosis information.
- Help patients understand their treatment options.
- Discuss warning signs or symptoms during treatment.
- Collaborate with members of a patient's medical team.
- Help patients and their families with community resources, including physical therapy, support groups, survivorship classes and legal aid.

The resource specialist helps patients adjust to changes in their self-image and how they interact with work, family and friends. She can provide referrals to people who can assist you with finances, insurance, counseling, social security, disability, legal services, transportation and home care. She also can help you find complementary therapy and community resources.

The patient navigation team at CCH is comprised of a caring and experienced staff. Adrian Tasa and Judy Pribnow are oncology nurse navigators, and Kristi Wolfe is the resource specialist.

For more information about the patient navigation program at CCH, visit [www.columbushosp.org](http://www.columbushosp.org).



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