



News Release

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### **Columbus Community Hospital to host free Parkinson Wellness Symposium**

For Immediate Release

**(COLUMBUS, Neb.)** – Columbus Community Hospital is hosting a free educational event for people affected by Parkinson’s disease.

The Parkinson Wellness Symposium will be held Monday, April 20 from 9 a.m. to 3 p.m. at the Ramada Columbus River’s Edge Convention Center.

At the event, experts will provide the latest information on managing Parkinson’s disease, from new opportunities to alternative treatments and more.

Event speakers include CCH staff, local health care professionals, the founder of Parkinson’s Wellness Recovery, as well as experts from the University of Nebraska Kearney and the University of Nebraska Medical Center.

They will give presentations on:

- Parkinson-specific skill training
- Lewy body dementia and Parkinson’s disease with dementia
- Mood and anxiety disorders in Parkinson’s disease
- Ocular manifestations of Parkinson’s disease
- Dysarthria and dysphagia in Parkinson’s disease
- Navigating the Parkinson’s journey with your care partner
- Updates on Parkinson’s disease research in 2020

Registration for the event is required by Monday, April 13. Online registration is available at [www.columbushosp.org](http://www.columbushosp.org). For more information, contact Michell Ruskamp at 402-562-4488 or [mlruskamp@columbushosp.org](mailto:mlruskamp@columbushosp.org).

The event is organized by CCH and Parkinson’s Nebraska, a charitable organization devoted to helping people in Nebraska and the surrounding area who are affected by Parkinson’s disease.

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