

IT'S TIME TO PIVOT



LEARN MORE ABOUT THE BENEFITS OF PIVIO™

UPCOMING INFORMATIONAL MEETINGS:

Wednesday, July 31 • 5:30-6:30 p.m.

PLATTE ROOM

COLUMBUS COMMUNITY HOSPITAL

Thursday, Aug. 1 • Noon-1 p.m.

PLATTE ROOM

COLUMBUS COMMUNITY HOSPITAL

Monday, Sept. 16 • 5:30-6:30 p.m.

Wellness Center, multipurpose room

For your convenience, the hospital cafeteria — located outside the conference rooms — will be available so you can purchase food to bring to the meeting, if you wish to do so.

WHY PIVIO™?

According to the Lifestyle Medicine Institute, Pivio is built on the scientifically proven principles of lifestyle medicine and the Complete Health Improvement Program (CHIP). Pivio applies each principle, leveraging updated scientific discoveries and using the best of behavior-change science.

For more information about Pivio, contact Ileana Jarecki at 402-562-4490 or imjarecki@columbushosp.org.

