

PHYSICIAN SPOTLIGHT



**Kara Weishaar,
MD**

COLUMBUS WOMEN'S
HEALTHCARE

Obstetrician and gynecologist Kara Weishaar, MD, is truly honored that her patients trust her with both the high points of their lives (the birth of a baby), and the low points (the loss of a baby, an emergency surgery or a cancer diagnosis).

She works hard to make sure that she earns that trust by continually studying new treatment options. **"I want them to know how much I care,"** she said. **"Even on busy days or when I'm running late, they are still important. I frequently go back to looking through literature after I've seen someone to see if I can find additional advice or management options to potentially help them. Medicine changes quickly, and new things are always being found."**

Weishaar joined Columbus Women's Healthcare in September 2023, and since then, she has been seeing countless patients for both pregnancy care and gynecological treatment.

The best part of her job, she says, is handing a new baby to its mother. **"No matter how many times I've done it, the well-earned triumph and joy of that moment is always incredible,"** she said. **"My other favorite part is with a patient in clinic, when we finally find a treatment strategy that helps with a problem that's been bothering them for a long time."**

On the other hand, the hardest part of her job is telling a patient she doesn't have anything new to offer them. **"As long as we have more options to try to manage their symptoms, it seems to help patients have hope and work together on improving or managing their health,"** she said. **"It's very hard to tell someone that as much as I want to make them feel better, we have tried everything and can only continue something that is not helping as much as they would like."**

When she isn't seeing patients, Weishaar loves spending time with her family — her husband, Joshua, and 2-year-old twins Micah and Elliot. She's an avid reader and loves eating good food — especially pizza!

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