

PHYSICIAN SPOTLIGHT



**Craig Pekny,
MD**

COLUMBUS MEDICAL
CENTER

For Craig Pekny, MD, medical literature is one of the most fascinating reading materials available. He loves reading about research studies, new technology and the latest medical advancements – and then taking that information back to his patients so he can help them lead a healthy life.

Pekny is a family medicine doctor who has been treating patients at Columbus Medical Center since 2013. He says he likes how much he gets to know his patients.

“I enjoy the patient-centered approach to family medicine,” he said, **“and especially helping my patients navigate their health care goals and providing an evidence-based source of medical information. While other specialties focus on a single aspect of the patient’s care, family physicians focus on the whole patient first.”**

Pekny recently joined the Columbus Community Hospital board of directors, and has long been involved with a number of hospital committees. **“I really hope to improve community-centered care,”** he said.

He first became interested in science in his freshman biology class at Scotus Central Catholic High School, where he learned that he loved physiology. After he attended medical school at the University of Nebraska College of Medicine in Omaha and completed his residency, he and his wife decided to move back to Columbus because of the safe educational environment.

The most helpful piece of advice he has ever received, he said, is to treat patients like family and to listen carefully to the only true expert on the case – the patients themselves.

He and his wife have three daughters, and together, they maintain an active lifestyle with lots of outdoor activities.

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