

# PHYSICIAN SPOTLIGHT



**Dr. Scott  
Haughawout**

NEBRASKA SPINE +  
PAIN CENTER

When Dr. Scott Haughawout was in high school, he loved to spend his time reading “Muscle & Fitness” magazine — learning all about exercise science. At the time, he had no idea he would eventually become a doctor who specialized in that exact field.

Dr. Haughawout is a physical medicine and rehabilitation specialist (also called a physiatrist) with Omaha-based Nebraska Spine + Pain Center. For the past eight years, he has been treating patients in Columbus as part of an outreach clinic.

Patients come to see him after they have experienced a neuromusculoskeletal injury. He helps them return to their prior level of functioning. **“The best way to explain what I do is that it is where orthopedics and neurology blend together,”** he said.

**“My primary focus is to establish the correct diagnosis of ‘why’ the patient is having their current symptoms,”** he added. **“This will include a neuromusculoskeletal exam and review of available imaging. All these steps allow us to educate them, and then come up with a plan with which they feel comfortable and confident moving forward.”**

Dr. Haughawout says that what he loves most about his job is teaching people about their condition, and helping them understand how he can help. The best advice he ever received, he says, is to constantly be learning, and be open to new approaches to patient care.

He and his wife, Natalie, have four children, ages 17-22; their youngest son is a senior in high school. When he’s not treating patients, he enjoys exercising, participating in most sports, cooking, and spending time with his wife and children in the outdoors.

The biggest influences in his life, he says, have been his parents and his wife. **“My wife is the most selfless person I know, and is constantly serving others,”** he said.

In addition to his wife, children and the rest of his family, Dr. Haughawout loves English bulldogs, author Stephen Ambrose and homemade pizza.

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