

Columbus Community Hospital

Where your health matters.



2018

Columbus Community Hospital is a 47-bed, acute care hospital that is certified for swing beds with an additional 14 ambulatory outpatient beds and four skilled nursing beds. Established in 1972 by the merger of St. Mary's Hospital and Behlen Memorial Hospital, this not-for-profit hospital is governed by a local board of directors. CCH is licensed by the Nebraska State Board of Health and accredited by the Joint Commission.



QUICK FACTS:

Our People:

Columbus Community Hospital is made up of:

- More than 720 employees
- 47 physicians who represent 13 medical specialties
- 28 specialty services brought to the community on an intermittent basis from visiting physicians
- More than 260 volunteers
- Six Project SEARCH Interns



Our Services:

- 24-hour Level III trauma care
- Acute rehabilitation
- Aquatic therapy
- Birth and infant care
- Cancer survivor programs
- Cancer treatments
- Cardiac rehabilitation
- Concussion Management Clinic
- Diabetes education
- Diagnostic Imaging
- Dietitian services
- Emergency services
- Endoscopy
- Healthy Families Program
- Home Health Care
- Hospice
- Infusion Services
- Inpatient pharmacy
- Intensive care
- Interpreter services
- Laboratory services
- Lifeline
- Neonatal intensive care
- Occupational Health Services
- Orthopedic services
- Rehabilitative services:
 - Occupational therapy, Physical therapy and Speech therapy
- Respiratory care
- Sleep lab
- Social work
- Sports medicine program
- Sports enhancement program
- Surgery – inpatient / outpatient
- Volunteer Services
- Wound, Ostomy and Continence Care

15TH ANNIVERSARY

In 2017, Columbus Community Hospital celebrated its 15th anniversary in its current location, but the Hospital's history extends far beyond that. Visit columbushosp.org, and watch the 15th Anniversary video to find out more.

Total Annual Admissions for 2017

Inpatient Admissions:	1,914
Swing Bed Admissions:	166
Newborns:	632
Emergency Visits:	11,618
Outpatient Surgical Procedures:	3,263
Inpatient Surgical Procedures:	1,114

NEW COLLABORATIONS

- The **Transitions of Care Collaborative** includes local skilled nursing facilities, assisted living facilities, home health and hospice agencies, primary care providers and hospital staff. It is aimed at improving communication before, during and after transitions in patient care.
- The **Medication Safety Collaborative** includes local retail pharmacies, primary care providers and hospital staff who have come together to better educate our community regarding the importance of carrying a medication list. The collaborative is also focused on improving communication at transition to the patient's retail pharmacy to ensure all caregivers have knowledge and understanding of the patients prescribed medication regimen.

CHILD CARE CENTER

The Child Care Center opened in August 2017, and the facility is already exceeding expectations. The center is a 14,000-square-foot, state-licensed child care facility. Currently, more than 100 children are enrolled, and a wait-list has been started for families interested in joining. The facility is open from 5 a.m. to 7:30 p.m., Monday through Friday. It provides infant, toddler, preschool and school-age care.

Staff members follow a curriculum that includes suggested activities and teaching guidelines. They also provide healthy and nutritious snacks and encourage physical activity throughout the day.

The quality of the center staff is second to none — with many teachers holding degrees in early childhood education. Each employee has a passion for guiding, nurturing and helping young minds to learn and grow.

COLUMBUS OTOLARYNGOLOGY CLINIC

In 2017, Columbus Otolaryngology Clinic and Columbus Community Hospital joined forces with the goal of providing excellent care, close to home, for years to come.

Dr. Nila Novotny, along with Dr. James Weekly, Dr. Paul Sherrerd and a support staff, provide a full range of otolaryngology services in Columbus. The clinic is located at 4508 38th Street, Suite #152 in the Healthpark Medical Office Building next to the Hospital.

ENT, or otolaryngology, is the branch of medicine and surgery that specializes in the diagnosis and treatment of ear, nose, throat conditions as well as head and neck disorders.

Procedures include, but are not limited to:

- Tonsillectomy
- Mastoidectomy
- Insertion of ear tubes
- Functional Endoscopic Sinus Surgery (FESS)
- Thyroidectomy

PEDIATRIC-FRIENDLY EMERGENCY DEPARTMENT

The staff at Columbus Community Hospital strive to make visits to CCH as comfortable as possible for patients of all ages. That's why the ED has special training and equipment designed for children.

In addition to their years of experience working with children, the emergency department nurses have all completed the Emergency Nursing Pediatric Course (ENPC) that addresses the special medical needs of children. They also receive additional child-focused training.

On top of that, the ED's equipment is also geared toward children. The ED completed the National Pediatric Readiness Survey and had 100 percent of the required equipment a hospital needs to serve its pediatric patients. Also, all of the emergency department rooms are private, which can make things more comfortable for children. Plus, there's even a special room with fun stickers and other décor to make it more pediatric-friendly.

Surge



“SURGE” JOINT REPLACEMENT

Columbus Community Hospital is changing the way patients and their families think about, and experience, joint replacement surgery with the introduction of Surge, a comprehensive program that is based on a national best practice model for shoulder, hip and knee replacements, and structured around the fundamental principles of wellness.

Surge is not your typical hospital program or hospital stay. Each patient is approached in a new way. Patients are not viewed as “sick.” Instead, they are seen as healthy individuals who are coming to the hospital because they have pain and want to live a better quality of life by having joint replacement surgery.

This fundamental concept of wellness is executed throughout the entire program, which incorporates advanced, minimally invasive, analgesic and rapid-recovery surgical techniques in an environment which maximizes patient recovery through education, a culture of early mobility, family involvement and group interaction.

Above all else, the program aims to make patients proud they chose Columbus Community Hospital for their care.



QUICK FACTS:

Our Facility:

- Columbus Community Hospital is a 153,000 square foot hospital building constructed in 2002. It is located on 80 acres in the north-west part of Columbus.
- In 2012, the hospital completed a 30,000 square foot addition. This allowed for expansion of the Emergency Department, increased patient privacy in the registration area and the creation of a women's imaging center.
- In fall 2015, the Hospital collaborated with the YMCA to open the Columbus Wellness Center on adjacent property. Most of the Rehabilitative Services department moved to the Columbus Wellness center and the pediatric rehabilitation service, Wiggles & Giggles Therapy for Kids™, moved there from their off-site location.
- In August 2017, the CCH-owned Child Care Center was completed. The Child Care Center gives CCH employees a convenient child care option.
- Our Hospital offers inpatient and outpatient care, surgery and 24-hour emergency care.
- The Hospital offers two aquatic therapy locations with Rehabilitative Services at the Columbus Wellness Center and Premier Physical Therapy.
- The Hospital's south campus houses offices for the medical outreach services of Home Health and Hospice, Healthy Families and Occupational Health Services.



HEALTH INFORMATION EXCHANGE

Columbus Community Hospital has started to integrate Community Health Information Exchange (HIE) to all Columbus medical practices. This change will help create a successful, sustainable community health information exchange.

The goal of this transition is to establish better communication in regard to our patients' information. The exchange hopes to benefit health care providers and patients by:

- Improving patient safety by reducing medication and medical errors
- Increasing efficiency by eliminating unnecessary paperwork and handling
- Eliminating redundant or unnecessary testing
- Engaging health care consumers regarding their own personal health information
- Improving health care quality and outcomes
- Reducing health-related costs



ANESTHESIA DEPARTMENT

The Anesthesia Department has recently expanded. The department performs more than a dozen different nerve blocks to help provide post-operative pain relief. This includes nerve blocks for general, obstetric and orthopedic patients. The Certified Registered Nurse Anesthetists (CRNAs) are also utilizing Enhanced Recovery After Surgery (ERAS). As a result, patients are having less postoperative pain and being discharged earlier.

On top of that, the anesthesia staff will also play a larger role in the pre-admission process through the Surge Center. Following the launch of the program, CRNAs will be working with joint-replacement patients before surgery to discuss anesthetic options and determine if further tests are needed.

Columbus Community Hospital hopes these changes, along with the hard work of our talented staff members, will improve quality of care and produce better outcomes for our patients.

CHIP PROGRAM

Columbus Community Hospital is proud to be an advocate of the Complete Health Improvement Program (CHIP). This program includes 18 classes running over three months. During each class, participants are guided through various stages of lifestyle change.

The goal of the program is to lower participants' blood cholesterol, hypertension and blood sugar levels, as well as reduce their excess weight.

At various points, participants take part in blood draws and health risk assessments to track their progress and guide them on their own unique journey. Participants can look forward to learning about heart health, cancer prevention, stress relief and other useful topics that will help them lead a happy and healthy life.

This program supports our Hospital's primary mission to improve the health of the communities we serve!

COLUMBUS WELLNESS CENTER

Two years after opening, the Columbus Wellness Center is thriving. YMCA membership is up more than 60 percent from opening day with more than 2,800 households holding memberships in 2017.

Columbus Community Hospital's Rehabilitative Services is also doing very well. They have increased patient volume by over 90 percent in outpatient physical therapy, 60 percent in outpatient speech therapy and more than 20 percent in outpatient occupational therapy since opening day. Overall, visits have increased by more than 70 percent.

Rehabilitative Services has also added a new program to help patients transition into a membership at the YMCA after their rehab is complete.

Additionally, several health programs have been instituted such as "Ask the Dietitian," "Healthy Cooking Classes" and "Food Fitness and Fun: A Fit Kid's Wellness Program." These programs offer fun and educational opportunities for everyone.

These programs and services, along with countless others, have made the Columbus Wellness Center an invaluable asset to our community!



TELESTROKE SERVICES

When a stroke happens, every minute counts. The sooner a stroke is treated, the less brain damage a person will sustain. That's why the new Telestroke program is putting time on the patients' side.

This new partnership allows emergency medical physicians to immediately connect and consult with expert Nebraska Medicine neurologists through advanced videoconferencing technology.

A telemedicine cart with a monitor and remote-controlled camera offers instant two-way video and audio communication between the neurologist, CCH provider and patient. A neurologist can also view CT images to best assess the patient's condition in real time. This allows the specialist to determine if a patient is a stroke treatment candidate without leaving the Hospital.

ATHLETIC TRAINING

The athletic trainers and physical therapists with Athletic Training Certification (ATC) at Premier Physical Therapy are credentialed in ImPACT® (Immediate Post-Concussion Assessment and Cognitive Testing) for pre- and post-testing of athletes at our city schools.

They work closely with the area physicians and school personnel to ensure appropriate decisions are made for area athletes.

Athletic training services are provided to the three Columbus high schools and outreach services are provided for athletic departments at Central Community College and several high schools in the surrounding area. This allows them to serve roughly 3,500 students each year.

From game coverage to injury assessment and management to return to play, our experienced professional staff are able to meet the needs of area athletes and their families.

ANTIMICROBIAL STEWARDSHIP

Columbus Community Hospital has joined 14 other Nebraska hospitals to offer an antimicrobial stewardship program. The program is a partnership with Bryan Telemedicine. It allows CCH staff to interact with infectious disease physicians with the click of a mouse.

The program's purpose is to promote the appropriate use of antimicrobials (including antibiotics), improve patient outcomes and reduce microbial resistance. On top of that, the program also aims to decrease the spread of infections caused by multidrug-resistant organisms.

This program does not replace attending physicians. It works to enhance the treatment and overall satisfaction for the Hospital's patients.

SIMULATION LAB

The Sim Lab was created in 2011. Today, the lab continues to grow. The 2,000-square foot simulation lab is equipped with four lifelike simulators: an adult, a pediatric patient, a birthing mother and a newborn.

These simulators respond just as a human body would, dependent on if oxygen, medications or intravenous fluids are administered to them.

Hospital staff members, Central Community College students, emergency medical personnel and Girl Scouts have all used the lab for hands-on learning experience.

The lifelike simulators play the part of the patient. Each trainee, or simulation lab participant, interacts with them as though they are real. During the process, the trainees are filmed. Following the training, they can review the video to see where they can improve.

The simulation lab also gives CCH medical staff the opportunity to enhance their skills in a risk-free, yet realistic-seeming environment.



E-MENTAL HEALTH TRIAGE

Each year, the Emergency Department (ED) processes hundreds of mental health-related visits. From anxiety and depression to schizophrenia and bipolar disorder, a growing number of mental health patients are seeking help from the ED.

A new program is helping the ED meet this challenge. The e-Mental Health Triage is a partnership with Bryan Health. It now allows ED patients to virtually visit with a certified mental health social worker in Lincoln without leaving CCH. The service allows patients to undergo mental health evaluations using a computer, camera and microphone.

Following each screening, the social worker in Lincoln collaborates with the ED provider at CCH to decide the best type of treatment. The service helps treat conditions such as sudden changes in behavioral patterns, adverse reactions to life-changing events, depression and shifts in bipolar status, among other mental health concerns.

PEDIATRIC HOSPITALIST PROGRAM

To better serve the needs of the community, the Hospital has added a Pediatric Hospitalist Program. Beginning in 2017, a Pediatric Hospitalist on-call service was developed. It is available 24/7 and 365 days a year.

The service provides care to inpatient and observation patients who are between the ages of newborn and 18 years old. The Pediatric Hospitalist's job is to help stabilize and improve each patient's health as quickly as possible.

The Pediatric Hospitalist communicates with the designated Primary Care Provider (PCP) during the patient's admission, course of care and upon discharge. The program allows staff to provide the best care to patients, around the clock.



Our mission is to improve the health of the communities we serve.

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