



COLUMBUS
COMMUNITY HOSPITAL
MASSAGE THERAPY

f X @ P columbushosp.org

RATE SHEET

MASSAGE THERAPY SERVICES

Swedish massage

This therapy is a combination of gliding strokes — with gentle to medium pressure — in the direction of blood returning to the heart, which relaxes the entire body. It’s a great way to promote a feeling of health and well-being.

30 minutes	\$45
60 minutes	\$70
90 minutes	\$95

Deep-tissue massage

This therapy uses deep, firm pressure customized for each client to promote stress relief and relaxation. It’s also perfect for muscle fatigue and chronic muscle tension, stimulating healing and recovery.

30 minutes	\$45
60 minutes	\$70
90 minutes	\$95

Aromatherapy massage

This therapy involves alternating between gentle and firm pressure, while also using a specific blend of essential oils that provide emotional healing and relaxation.

30 minutes	\$55
60 minutes	\$80
90 minutes	\$105

Hot stone massage

This therapy uses a combination of heat and pressure with hot stones to deeply relax, allowing more pressure to areas of concern so it can relieve stress, anxiety and the pain of sore muscles.

60 minutes	\$85
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Facial massage

This therapy uses gentle fingertip touches to improve skin texture and tone by promoting circulation, reducing puffiness and increasing lymphatic (sinus) drainage and collagen production.

15 minutes	\$25
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Paraffin wax treatment

This heat therapy is applied to hands and feet to help with swollen joints and painful muscles. It also hydrates dry skin.

Hand dip	15 minutes	\$15
Foot dip	15 minutes	\$15
Hand & foot dip	30 minutes	\$25

TREATMENT SERVICES

Seaweed body wrap

This full-body treatment begins with the application of a detoxifying mud to the arms, legs and back. During the processing of the mud, your body is wrapped in a cocoon, which swaddles you into a deep state of relaxation while your feet are massaged. The mud is then removed with hot towels to aid in the soothing experience.

60 minutes	\$110
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Sea salt scrub

This treatment begins with an Epsom salt soak, followed by the application of a heated towel wrap and extended massage therapy of the hands/arms or feet/lower legs. It ends with exfoliation and application of a therapy cream.

Hand scrub	15 minutes	\$35
Foot scrub	15 minutes	\$35
Hand & foot scrub	30 minutes	\$60

THERMOTHERAPY ENHANCEMENTS

Steamed towel

This moist heat therapy is applied to the back/feet upon completion of the massage treatment. It helps with pain associated with muscle stiffness, sensitivity and cramping. \$15

Hydrocollator

This heat therapy increases blood flow, relaxing the tissue, decreasing pain and stimulating the healing process. \$15



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