



HERE FOR YOU.

Jasmine Karakatsanis, LMT

Your everyday life deserves high-quality care, and Columbus Community Hospital Massage Therapy is here for you.

At Columbus Columbus Hospital Massage Therapy, your overall wellness is our top priority. Jasmine Karakatsanis, a licensed massage therapist, offers services for people of all ages as a way to pamper yourself and take charge of your health and well-being.

Karakatsanis uses different pressures, movements and techniques to manipulate muscles and other soft tissues in the body for her massage therapy. You can use massage therapy to release stress and tension, provide relief from symptoms, heal injuries and support wellness.

We offer a wide variety of services including, but not limited to, the following:

- Swedish massage
- Deep-tissue massage
- Aromatherapy massage
- Hot stone massage
- Facial massage
- Paraffin wax treatment
- Seaweed body wrap
- Sea salt scrub
- Steamed towel therapy
- Hydrocollator

Above all, Columbus Community Hospital Massage Therapy wants you to live your best life and feel good every day.

To learn more about our services
or to make an appointment, call
our office at 402-562-4890 or
visit columbushosp.org.

COLUMBUS
COMMUNITY HOSPITAL
MASSAGE THERAPY

    columbushosp.org

4508 38th St., Ste. 210
Monday-Friday, 8 a.m.-5 p.m.
402-562-4890