

# THE Importance of Caring

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my journey into health care



## Elizabeth Thompson

REHAB TECHNICIAN

When Elizabeth Thompson was a senior in high school, she suffered an injury that required her to attend physical therapy. Not only did the therapy help her recover from the injury, but it also provided her with more clarity about her career path.

**“Not until I went through physical therapy did I realize that this career would be a great fit for me,”** Thompson said. **“What I enjoy about therapy is being the support for a patient as they go through their journey of recovery. I hope one day patients can rely on me through the good and bad times.”**

Thompson’s major goal in health care is making an impact on people.

**“I have been interested in health care for a long time because of the good work health care professionals do for people,”** she said. **“This gives me the opportunity to change a person’s life for the better.”**

Thompson is participating in a summer internship as a rehabilitation technician at Premier Physical Therapy.

**“I decided to work for Columbus Community Hospital because it is a great community that is friendly and positive,”** Thompson said. **“The therapists go out of their way to create special bonds with their patients.”**

In her role as a rehab technician, Thompson helps patients start their exercises, cleans and stocks stations and rooms, and assists patients at the end of treatment.

**“What I enjoy about each day is learning more about each patient through conversation and friendly interaction,”** she said.

CCH has supported Thompson by given her the opportunity to jump start her career in health care through this summer internship.

**“My first couple of weeks have been going great!”** she said. **“Whenever I have a question, many of the therapists are quickly able to help explain. The overall environment at Premier is positive and friendly, and that can make any patient or worker feel comfortable during their time here.”**

**“Working in health care is very beneficial toward others and is rewarding in itself,”** Thompson added. **“Enjoy your work, because every role matters to help create a healthy and happy community.”**

When Thompson is not working, she enjoys spending blissful days on the lake.

**To learn more about Columbus Community Hospital or available careers currently open within the hospital, visit [columbushosp.org](http://columbushosp.org).**