

THE Importance of Caring

JULY 2024

my journey into health care



Julie Romshek, RN
PSYCHIATRIC NURSE

Every day brings a different challenge at Columbus Psychiatry Clinic, which is why registered nurses like Julie Romshek need a lot of compassion and patience.

Romshek has both compassion and patience, and has appreciated her first few weeks working as a psychiatric nurse.

“The first few weeks of a new job are always a big change, because you’re taking in a lot of new information,” Romshek said. **“The people I work with at the psychiatry clinic have been wonderful. They have been great at answering my questions, helping me navigate my way around the clinic and making me feel welcome and part of the team.”**

Romshek attended Central Community College in Columbus and graduated with her registered nurse (RN) degree in 2018.

“I did my nursing school clinicals here at Columbus Community Hospital and

enjoyed all the nurses here at that time,” Romshek said.

Before she came to Columbus Psychiatry Clinic, Romshek worked at a critical access hospital, where she cared for patients in the emergency department, obstetrics and acute care. She also spent some time as a utilization review nurse working with workers’ compensation patients.

“I have heard many great things from people about CCH, from patients to employees,” Romshek said. **“As a nurse, it is important to work for an organization that strives to put the patient and the quality of care first and foremost.”**

A typical day for Romshek consists of showing patients to their rooms, triaging phone calls from people who have questions about their medications and treatment options, and assisting patients who are in crisis and need guidance.

“Working in health care allows you to work alongside some of the most selfless people,” she said. **“It is a career where you make lifelong friends and have a chance to make an impact on patients and their families every day.”**

Romshek is a married mom of four boys. When she isn’t working, she enjoys spending time in the outdoors, swimming and going to sporting events.

To learn more about Columbus Community Hospital or available careers currently open within the hospital, visit columbushosp.org.