

THE Importance of Caring

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my journey into health care



Ariana Ramos Carmona, CNA
 HOME HEALTH AND HOSPICE

As a dedicated mother of three children, Ariana Ramos Carmona wanted to make a positive impact on people's lives. She decided the best way to do that was to pursue a career in health care.

Ramos Carmona had already spent several years working in the manufacturing industry when she sought to apply her skills to a field that aligned more closely with her personal values. To prepare for this transition, she enrolled in general courses at Columbus Community College. These courses provided a solid foundation in various academic disciplines, equipping her with the knowledge and skills necessary for success in health care.

After finishing her coursework, Ramos Carmona joined the Columbus Community Hospital team as a certified nursing assistant (CNA) in the home health and hospice department. The hospital's reputation for providing excellent care and fostering a supportive work environment perfectly aligned with her aspirations, she said. She was eager to bring her compassion, empathy and dedication to the patients she would serve — particularly those who required home-based care and support.

"I've always felt a deep sense of

fulfillment when I can help others," she said. **"When I learned about the opportunity to become a CNA, I knew it was the perfect fit for me."**

One of the most rewarding aspects of Ramos Carmona's work as a CNA has been the opportunity to connect with patients on a personal level. She has found great joy in helping them with their daily needs, providing emotional support and making them feel comfortable and cared for in their own homes.

Balancing her career with her family life has presented one of the most challenging aspects of Ramos Carmona's journey — she has often felt overwhelmed by the demands of both her job and her family. However, she is determined to succeed, and has found ways to effectively manage her time and prioritize her responsibilities.

"There were definitely times when I felt overwhelmed," she said. **"But I knew that I had to find a way to make it work. I'm grateful for the support of my family and friends, especially my sisters, who always encouraged me to pursue my goals."**

"I'm grateful for the opportunity to be a part of the Columbus Community Hospital team," Ramos Carmona

added, "and am excited to contribute to the hospital's mission of providing compassionate care to patients. I'm optimistic about the future and believe that with hard work, dedication and a positive attitude, I can achieve my goals and make a meaningful impact on the world."

Ramos Carmona's journey to health care is a testament to her dedication, perseverance and unwavering commitment to making a positive difference in the lives of others. She has overcome challenges, balanced her family life with her career and achieved her goal of transitioning into a fulfilling and rewarding health care profession.

"I'm hopeful that my journey at Columbus Community Hospital will be filled with rewarding experiences and opportunities for growth," she said. **"I'm looking forward to the challenges and rewards that lie ahead, and am excited to see where my career will take me."**

To learn more about Columbus Community Hospital or available careers currently open within the hospital, visit columbushosp.org.