

THE Importance of Caring

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my journey into health care



Mick Bubak

OCCUPATIONAL HEALTH SERVICES

For more than three decades, Mick Bubak dedicated his life to educating and coaching young people. Now, he's embarking on a new adventure at Columbus Community Hospital, bringing his wealth of experience to the world of corporate wellness.

A 1984 graduate of Cozad High School, Mick Bubak furthered his education at Midland University in Fremont, Nebraska, earning a degree in education in 1989 with endorsements in biology, coaching and physical education. His career as an educator and coach spanned 33 years, and he taught a diverse range of subjects including health and wellness, fitness, strength training, life sciences and physical science. His coaching experience was equally diverse, encompassing football, wrestling, track and soccer.

After retiring from education, Bubak sought new opportunities and recognized CCH as a great place to continue his career. His new role focuses on hospital employees' health and

wellness. His responsibilities include managing CCH wellness events; overseeing the Columbus Occupational Health Services (OHS) random student drug testing program, the OHS Department of Transportation consortium and the OHS non-DOT random drug testing pools; and managing CCH workers' compensation.

Bubak has called Columbus home since 1994. He and his wife, Jill, share a blended family with five children: Chase and Blake Bubak, and Blake, Macy and Tenley Becher. Their family is rounded out by two canine companions, Titus and Cass. When he's not working, Bubak enjoys hunting, fishing and weightlifting.

"CCH has provided me with outstanding training and resources to ensure my success in this new role," Bubak said. **"I hope to gain valuable experience, develop new skills, contribute meaningfully to CCH's goals and potentially progress within this role by utilizing my prior experiences, while**

actively learning and growing within the CCH organization."

This new chapter marks an exciting transition for Bubak, as he brings his passion for health, wellness and education to the CCH community.

To learn more about Columbus Community Hospital or available careers currently open within the hospital, visit columbushosp.org.