

THE Importance of Caring

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my journey into health care



Nila M. Novotny, MD

OTOLARYNGOLOGIST AT COLUMBUS OTOLARYNGOLOGY CLINIC

Nila Novotny, MD, became interested in a career in health care when she was in her teens.

She took that interest and ran with it, and built a career in otolaryngology or ENT. This is a branch of medicine and surgery that specializes in the diagnosis and treatment of ear, nose, throat, head and neck disorders.

After earning her bachelor's degree at the University of Nebraska-Lincoln, Novotny received her medical degree from the University of Nebraska Medical Center. She then did five years of residency at the Mayo Graduate School of Medicine where she completed her training in Otolaryngology Head and Neck Surgery.

In 1987, Novotny established Columbus Otolaryngology Clinic in Columbus and she has been offering ear, nose and throat services in the community ever since. After more than 30 years in private practice, the clinic was acquired by Columbus Community Hospital in 2017.

As a staff physician and surgeon in otolaryngology head and neck surgery at CCH, Novotny sees patients at the Columbus Otolaryngology Clinic, performs operations, takes emergency calls and

travels to satellite clinics to provide ear, nose and throat care. She also conducts skin cancer surgery of the head and neck, and ear surgery.

“Twice a week I am usually in surgery in the morning,” Novotny said. **“Once or twice a week I’m traveling to satellite clinics and the remainder of the time I’m in the clinic at Columbus Otolaryngology Clinic.”**

The clinic offers a full range of medical and surgical otolaryngology treatments, including balloon sinuplasty, endoscopic sinus surgery, facial plastic surgery, salivary gland surgery, thyroid surgery and tonsillectomies. They also offer treatment of the following conditions: dizziness, head and neck cancer, snoring and sleep apnea, skin lesions and skin cancer.

Novotny said that CCH has been very supportive of the clinic.

“CCH has been very supportive of my practice. They have helped with equipment and staffing whenever needed,” she said. **“I have also done a lot of international medical mission work that the hospital has supported as well.”**

Novotny is a member of the Columbus Medical Mission Team which travels around the world providing medical care. Their most recent trip was to Africa in May 2019 where Novotny was a member of a team that assisted local physicians as they provided otolaryngology, general medicine and obstetric services to local patients at the Chifundo Clinic in Zambia.

Novotny's career in Columbus and her international volunteer work help show the variety of opportunities available in health care. That's why she encourages people who are interested in the field to explore its many offerings.

“If you are interested in health care, you should look into it,” she said. **“Get information, do job shadows, learn about it as much as you can.”**

For more information on Novotny or the Columbus Otolaryngology Clinic, call the clinic at 402-562-4720 or visit www.columbushosp.org. Columbus Otolaryngology Clinic is in the Healthpark Medical Office Building at 4508 38th Street, Suite #152 in Columbus.