

THE Importance of Caring

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my journey into health care



Becky Burbach

OFFICE MANAGER, OCCUPATIONAL HEALTH SERVICES

Becky Burbach never imagined she would hold a “true office position.”

She admits she is very active and doesn’t like to sit still, so being an office manager wasn’t on her radar. But that is where she finds herself at Columbus Community Hospital’s Occupational Health Services.

Burbach became the office manager at OHS in May. During her short time there, she has found the job to be anything but mundane. **“This position keeps me very busy in a different way than I am used to,”** she said.

Burbach oversees the business office and helps OHS provide services to communities.

OHS offers a variety of programs designed to prevent and treat injuries in the workplace. More than 900 companies partner with OHS for comprehensive and specific programs that benefit their employees’ health and safety, such as substance abuse screening, on-site nursing, immunizations, wellness screening, Occupational Safety and Health Administration safety compliance

consultation and on-site safety education events.

It also provides public education opportunities for the community, including the Complete Health Improvement Program, Walk with a Doc and lunch and learn seminars at the hospital.

As the office manager, Burbach processes billing, logs drug and alcohol screening results and communicates with companies about services their employees need. Burbach did have office experience before coming to OHS — she managed a physical therapy clinic in Humphrey for seven years. She also was a physical therapist assistant for more than 15 years.

She first became interested in physical therapy because she enjoys athletics and has compassion for others. **“I am passionate about helping others and have a caring heart by nature,”** she said. **“I care how others feel and want to make their lives better.”**

She also thought it would be an exciting career to pursue after a family member needed therapy to recover from an injury.

“My great-grandma had broken her hip, and I helped take her to therapy,” she said. **“Being there opened up my eyes to what they do and how they help people recover.”**

Burbach says she feels supported by others at OHS and the hospital, who are passionate about helping her succeed. She might not have pictured herself as an office manager, but she does see it as one of the many health care careers that impact the well-being of others. **“There are so many dynamics to health care, and the opportunities are endless,”** she said. **“You don’t have to be hands-on with patients, as you can still help save someone’s life without even touching them.”**

For more information about Occupational Health Services, visit columbushosp.org.