

THE Importance of Caring

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my journey into health care



Andrew Sheridan, ATC
ATHLETIC TRAINER

Andrew Sheridan always knew he wanted to be an athletic trainer from a young age, and he has never wavered since.

“I specifically chose athletic training because it’s a profession that incorporates two of my passions,” he said.

Sheridan has been working as an athletic trainer with the hospital for four years, where he primarily takes care of the student-athletes at Scotus Central Catholic. For Sheridan, this includes:

- Injury and illness prevention and wellness promotion.
- Examination, assessment, and impression.
- Immediate and emergency care.
- Therapeutic intervention.
- Health care administration and professional responsibility.

“What I love about my job is that there is no such thing as a typical day,” he said. **“Every single day brings new and different challenges to face and overcome.”**

Before joining the hospital, Sheridan completed the athletic training program at the University of Nebraska Omaha in Omaha, Nebraska, where he received his Bachelor of Science degree in athletic training.

“It was a very intensive program with several clinical rotations at high schools, colleges, clinics and physicians’ offices, and an internship with the New York Yankees the summer prior to my senior year,” he said.

Through these rotations, Sheridan knew he had a passion for people. **“I wanted to make a difference with the career path I chose, and in my opinion, there is no better way to do that than in health care,”** he said.

Sheridan is thankful for the support he has received from the hospital these past four years.

“CCH has supported me in so many ways!” he said. **“They provide so much for our sports medicine team to be successful. The list is almost never-ending.”**

Sheridan encourages anyone interested in a career in health care to shadow as many different professionals as they can.

“Health care is so unique, and there are so many different ways to be involved,” he said. **“I believe being exposed to the different professionals who are involved in health care is crucial in making the right choice.”**

To learn more about athletic training at Columbus Community Hospital, visit www.columbushosp.org.