

# THE Importance of Caring

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my journey into health care



**Jill Robak, RN**  
HOME HEALTH/HOSPICE

Three years ago, Jill Robak would not have imagined herself as a home health and hospice nurse.

**“When I was first approached about applying for a home health and hospice position, I did not think I was emotionally strong enough to be a good hospice nurse,”** Robak said. After some encouragement, she applied and was offered the position. **“Now, I couldn’t imagine working in a different department.”**

She has now been a home health and hospice nurse with Columbus Community Hospital since May 2018.

Robak received her associate’s degree in nursing from Northeast Community College in Norfolk, Nebraska. She is currently enrolled at Chamberlin University in Downers Grove, Illinois, for her bachelor’s degree in nursing.

Robak knew she wanted to become a nurse because she enjoys taking care of people. **“It is such a joy to see a patient feel better and reach their goals,”** she said.

As a home health and hospice nurse, she visits patients at their homes for care when they cannot travel to the hospital. **“No two days are alike; that is why I like this position,”** Robak said.

With home health patients, Robak assists patients who are healing and helps them return to their prior level of function. **“We offer such a different variety of services in the home that I can keep my skills sharp,”** she said. **“This might include lab draws, catheters, IV antibiotics, wound care, working with drains and so much more.”**

**“After working with a home health patient, I might visit a hospice patient that isn’t going to get better,”** she added. **“With these patients, I help keep them comfortable and assist their family with disease process management and end of life goals — this is a very rewarding department to work in.”**

Robak is thankful for the support she has received from CCH, as she has been able to participate in several trainings that specialize in hospice and end-of-life care.

**“CCH supports my work by making sure I have the tools and supplies necessary to do my job,”** she said. **“Especially with working outside of the hospital and in people’s homes, that can sometimes be challenging.”**

Robak wants people to know that the health care field is constantly growing and changing, and that a person doesn’t have to be a nurse or doctor to work in health care. **“Someone who has a genuine love for helping people would be an excellent candidate to work in the health care field,”** she said. **“There are so many new opportunities every day.”**

**To learn more about nursing at CCH, visit [columbushosp.org](http://columbushosp.org).**