



CHIP Committee Minutes:

12/14/2023

- 1) Welcome/ Introductions - The meeting commenced with warm welcomes and introductions. Attendees included Mathews, Molly, Patty Long, Jeff Schenck from East Central District Health Department, Jill and Karmen from Colegrove Counseling, Tommy representing Region 4 Behavior Health System, and Aaron from Gracepoint Institute of Relational Health.
- 2) Updates on goal activities – Mathews from ECDHD presented updates on the ongoing goal activities, highlighting progress made.
- 3) Behavioral Health Provider Recruitment and Retention – Jill Colegrove emphasized the need for a designated contact person with resources in addition to the brochure distribution.
- 4) Behavior health Provider survey - <https://www.surveymonkey.com/r/3HKQRVB> - Karmen presented the results of the Behavioral Health Provider Survey
- 5) Current Mental Health Initiatives
 - a) Conversations – ECDHD initiated 100 conversations on Substance Abuse and Mental Health.
 - b) Community Engagement – ECDHD is actively engaging with various organizations for community involvement.
 - c) Education and Awareness – Educational initiatives include Lunch Time Health Promotion with United Way, information dissemination during parent/teacher conferences, distribution of materials to counselors/teachers in the four-county region, and QR codes in school bathrooms.
- 6) ECDHD Mental Health Resource Page - [Community Health Improvement Plan \(CHIP\) : Resources : East-Central District Health Department \(ne.gov\)](#) – Coordinator updated the group about the Mental Health Resource Page on the ECDHD website, offering valuable information.
- 7) District Suicide Prevention Coalition update - Board of Directors – Board Members of the newly found Suicide Prevention Organization were introduced.
- 8) Mental health program talking points –
 - a) Screening and Early Intervention – Mathews mentioned about the survey link in the United way Website for Mental Health Screening and Jill stressed the importance of promoting it. She asked the possibility of promoting it through the ECDHD website page.

- b) How can we expand mental health services and integrate mental health into primary care? - Jill mentioned that the medical doctors are supportive of including mental health.
- c) Workplace Wellness Programs, Youth Programs – Mathews mentioned about the importance of Youth Message development program. Karmen added that businesses usually contact offices to conduct counselling sessions.

9) Current needs/Concerns/Announcements

10) Information

- a) Next Meeting: 1/11/2024 From 12:00 PM to 1:00 PM
- b) Location – ESU7, Zoom - <https://us06web.zoom.us/j/8893014251>
- c) Provider Google Drive:
<https://drive.google.com/drive/folders/101htA7qUPBZfnGUDG3U2zORiSmg4YKR5?usp=sharing>
- d) Community Google Drive:
<https://drive.google.com/drive/folders/122plgJEhvACRa1gFDnutAnimDwtigCcY?usp=sharing>