



News Release

Contact: Amy Blaser, Vice President

Phone: 402-562-3371

Email: aebblaser@columbushosp.org

Date: September 13, 2024

CCH dietitians offer Diabetes Awareness Day event on Oct. 1

For Immediate Release

(COLUMBUS, Neb.) – If you want to learn more about diabetes, Columbus Community Hospital has just the event for you. Diabetes Awareness Day will take place from 5-7 p.m. on Tuesday, Oct. 1, in the hospital’s first-floor conference center. The event will include cooking demonstrations, informational booths and free and discounted screenings and immunizations.

Below are the screenings and immunizations that will be available:

- Blood sugar – free
- Blood pressure – free
- Vision – free
- Foot checks – free
- Hearing – free
- Bone density – free
- A1c - \$20
- Influenza immunization - \$21
- Prevnar 20 (pneumonia) vaccine - \$250

Screenings will be provided by the hospital’s Occupational Health Services department, CCH staff and the Columbus Lions Club.

Informational sessions include:

- 5:45 p.m. - “Diabetes and kidney health” by Dr. Bryce Lund, nephrology, dialysis and hypertension specialist
- 6:30 p.m. – “Healthful good soups” by Susan Olmer, RD, LMNT, CCH dietitian

For more information on Diabetes Awareness Day or to RSVP, call 402-562-4462 or visit columbushosp.org.

###