

An in-depth look at...

# Columbus Community Hospital 2018-2019

*Where your health matters.*



Columbus Community Hospital (CCH) is a 47-bed acute care hospital certified for swing beds with an additional 14 ambulatory outpatient beds and four skilled nursing beds. Established in 1972 by the merger of St. Mary's Hospital and Behlen Memorial Hospital, CCH is a not-for-profit hospital, which is governed by a local board of directors. CCH is licensed by the Nebraska State Board of Health and accredited by the Joint Commission.

CCH's 153,000 square foot facility is located in the north-west part of Columbus, near 38th Street and 48th Avenue. This fiscal year, a new addition was placed outside the hospital's main entrance. The "Respect for Service" statue was commissioned and donated by the former Columbus Community Hospital Auxiliary. It was dedicated in honor of those who continue their work today as volunteers.

CCH provides additional services through nearby facilities, including the:

- Healthpark Medical Office Building
- Columbus Wellness Center
- Child Care Center

## *Mission:*

Our Mission is to improve the health of the communities we serve.

## *Vision:*

Our Vision is to compassionately deliver the state's highest quality patient care.

## *Values:*

**Integrity**

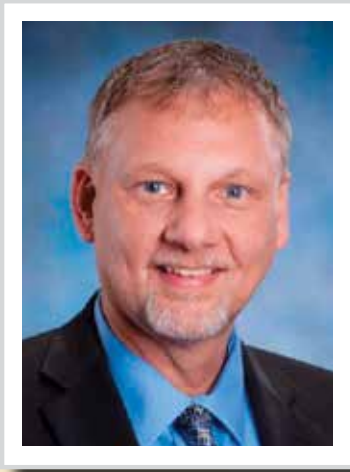
**Compassion**

**Accountability**

**Respect**

**Excellence**





Michael Hansen, FACHE  
President/CEO

## A Message From Our CEO:

At Columbus Community Hospital, there is nothing more important to us than the health of the communities we serve and the quality of care we provide our patients. That is why patient safety is our top priority.

In my nine years holding this position, I have worked to invest in organizational capabilities and integrate with providers so CCH can be a premier source of health care in Nebraska.

Each year, I continue toward this mission by sustaining and growing our services, with an emphasis on our physician workforce, surgical services, ambulatory presence and noncurrent services. I also strive to promote high quality health care through our wellness and prevention programs, primary care physicians and clinically integrated network. Finally, I advocate for collaboration with other facilities, such as critical access hospitals and tertiary care centers, and work to provide additional telemedicine partnerships and cancer care programs.

As we close the page on another fiscal year, I am proud of the countless accomplishments we have seen over the past 12 months, including:

- Gold Seal of Approval® for Hospital Accreditation: The Joint Commission
- 5-Star Rating for Overall Hospital Quality: Centers for Medicare & Medicaid Services
- 2019 Top 100 Rural & Community Hospital: The Chartis Center for Rural Health
- Blue Distinction® Center+ for Maternity Care: Blue Cross Blue Shield
- “A” Grade for Patient Safety: The Leapfrog Group

As we look to the future, I am eager to expand and grow our services so we can continue to provide exemplary care to our patients, close to home.

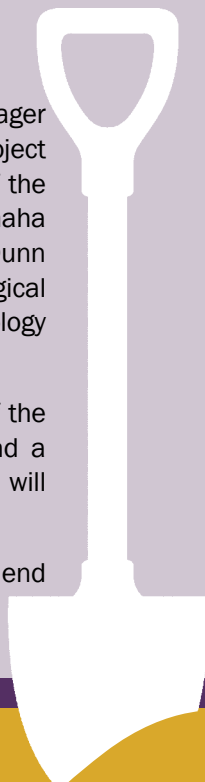
Please take a moment to read about the exciting initiatives we have been a part of from May 1, 2018 to April 30, 2019 and the many ways we are helping our community build a healthier tomorrow.

## Expanding the Facility

Columbus Community Hospital leaders are eager to complete a highly-anticipated renovation project that will change both the structure and layout of the hospital. The plans, which were designed by Omaha firm, TSP, Inc., and will be completed by JE Dunn Construction, will primarily impact the surgical services, maternal child health and radiology departments.

Other changes include an addition to the east of the Prairie Wind Café, where conference rooms and a new cardiopulmonary rehabilitation department will be built.

The project is expected to be completed by the end of 2021.



## Board of Directors

2018-2019

Clark Lehr – Chair  
Brett Bonwell – Vice Chair  
Michael Hansen – Secretary  
Jeff Gokie – Treasurer  
Stan Emerson  
Jeffrey Gotschall, M.D.  
Julie Haney  
Sarah Pillen  
Beth Przymus  
Bryan Schmidt  
Tim Tooley  
Dale Zaruba, M.D.





# CCH Foundation

The mission of the Columbus Community Foundation is to build goodwill and financial support for Columbus Community Hospital.

During the 2018-19 fiscal year, the Foundation contributed to the following projects:

- Briggs & Barrett Project
- Rock Steady Boxing
- Bump & Beyond prepared childbirth classes
- Massaging recliners for the infusion center
- Scholarships for area students
- CCH Cares employee relief fund
- Compression garments for lymphedema patients
- Support for programs, such as:
  - Thrive Cancer Rehabilitation Care
  - Hospice
  - Volunteer services
  - Wiggles & Giggles Therapy for Kids™

Wondering where your money goes when you donate to the CCH Foundation? Learn more by viewing the Columbus Community Hospital Foundation video at [www.columbushosp.org/foundation](http://www.columbushosp.org/foundation).



## Physician Recruitment

Columbus Community Hospital has a strong commitment to responding to the needs of our physicians and patients. We are committed to actively recruiting and developing long-term relationships with physicians to meet the growing needs of the communities we serve.

In the 2018-2019 fiscal year, a total of 17 providers were successfully recruited. This includes full-time, midlevel and satellite providers in areas such as plastic surgery, orthopedics and psychiatry, among others.

Looking for a doctor or specialist? Check out the Find a Physician feature on our website to get more information on medical specialties, board certification and clinical interests to help you make an informed decision.

[www.columbushosp.org/findadoc](http://www.columbushosp.org/findadoc)

## Volunteer Services

During 2018, more than two hundred volunteers served in 66 capacities throughout Columbus Community Hospital. Volunteers' service contributions to CCH equal more than 20,000 hours annually.

Volunteers hosted 12 fundraising events in 2018. They also assisted with six on-site blood drives which collected 188 units of whole blood and 26 units of "power reds."

## Quick Facts:

### By The Numbers:



- Employees – More than 740
- Physicians – 49
- Medical Specialties – 14
- Specialty Services – 20
- Volunteers – More than 200

### TOTAL ANNUAL ADMISSIONS

<b>Inpatient Admissions:</b>	<b>2,540</b>
<b>Emergency Visits:</b>	<b>11,661</b>
<b>Outpatient Procedures:</b>	<b>2,114</b>
<b>Inpatient Procedures:</b>	<b>621</b>



# Community Benefit Summary

**TRADITIONAL CHARITY CARE .....\$506,414**

Health care services provided free of charge, or at a discounted fee schedule, to people who meet predetermined financial criteria. As required for government reporting, this figure is based on calculated costs, not charges to patients.

**COMMUNITY HEALTH EDUCATION AND OUTREACH..... \$322,765**

Includes activities carried out to improve community health and health care services that are subsidized because they meet an identified need in the community.

- First Steps prenatal program, baby care and breast-feeding classes
- Meals on Wheels – more than 11,000 people served
- Tune-Up for Life Health Fair
- Local business workshops hosted by Occupational Health Services
- Diabetes education and healthy lifestyle programs taught by registered dietitians
- Volunteer services
- Healthy Families network – which offers educational support and resources to more than 340 families
- Free interpreter services

**MEDICAID SHORTFALLS..... \$3,811,840**

Medicaid shortfalls are deficits created when Columbus Community Hospital receives payments from the government that are less than the cost of care for public programs.

**HEALTH PROFESSIONAL MEDICAL EDUCATION ..... \$75,304**

Scholarships and funding for health professionals' education.

**TOTAL AMOUNT OF COMMUNITY BENEFIT ..... \$4,716,323**



## New Partnerships

CCH has a long history of providing exceptional health care to our community. Over the past 12 months, CCH joined forces with a handful of trusted medical providers to provide even better, more coordinated services to area patients.

In 2018-19, CCH acquired the following medical practices:

- Columbus General Surgery
- North Central Radiology

It also brought the first plastic surgery clinic to Columbus when it opened Columbus Plastic Surgery in January 2019.

In addition to these practices, CCH also guided in the transition of two doctors to the Humphrey Medical Clinic: Dr. Kip Andersen and Dr. Michelle Sell.

## New Programs & Services

Several new programs and services were added, such as:

- Telepsychiatry with Bryan Telemedicine
- Patient navigation program for patients with cancer
- VIP valet parking service
- Iovora treatment for joint pain
- Bump & Beyond classes for expecting parents



## Healthy Lifestyle Programs

Columbus Community Hospital is invested in providing healthy lifestyle programs to area residents at little or no cost. These programs are provided in an effort to help lower the prevalence of obesity, diabetes and other health conditions locally.

**The Complete Health Improvement Program (CHIP)** is an intensive educational program with 18 classes running over three months. The goals of the program are to help participants lower blood cholesterol, hypertension and blood sugar levels and reduce excess weight. Participants also learn about heart health, cancer prevention, stress relief and other useful topics to help them lead a happy and healthy life.

**Healthy Cooking Classes** are held the second Tuesday of each month. For \$15, community members can learn a collection of easy and healthy recipes. Dietitians also give participants advice on how to cut down on unhealthy ingredients like fat and sodium.

**Food Thoughts** sessions are held in the Columbus Wellness Center's multipurpose room Fridays from 11:30 a.m. to 12:30 p.m. The free sessions give community members the opportunity to get one-on-one time with a dietitian every week and ask questions about diabetes, weight loss, heart health, healthy cooking and more.

### **Other healthy lifestyle programs offered by CCH, include:**

- Bike Share (through a partnership with Columbus in Action)
- CCH Healthcasts
- Walk with a Doc
- National Diabetes Prevention Program
- Community Lunch & Learn events
- SNAP Camp
- BikeFit & CarFit Events
- Support groups



## 2019 Community Calendar

Having trouble keeping up with all the classes and support groups offered at Columbus Community Hospital? Stay up-to-date on the latest happenings at CCH by visiting our calendar of events on [www.columbushosp.org](http://www.columbushosp.org).

## Reviewing Our Year in Advancements

### **MEDICAL:**

Columbus Community Hospital has a long history of providing exceptional health care to our community. This fiscal year, CCH advanced this care by creating new service lines and forming new partnerships, including the acquisition of two clinics and the opening of a new clinic.

**Columbus General Surgery:** On May 1, 2018, CCH and Columbus General Surgery joined forces to provide even better, more coordinated services to area patients.

Dr. Ronald L. Ernst founded Columbus General Surgery in July 1987. Dr. Myron E. Morse joined the practice in 1998 and Dr. Jeremy S. Albin joined the Columbus General Surgery team in 2014. All three physicians are board-certified by the American Board of Surgery and are members of the American College of Surgeons.

**North Central Radiology:** North Central Radiology merged with Columbus Community Hospital in October 2018, but the practice has a long history in the area. North Central Radiology was established more than 40 years ago. Dr. John Beauvais joined the practice in 1995, Dr. Anthony Krueger joined in 2015 and Dr. Matthew Pieper joined in 2017. All three radiologists are members of the American College of Radiology, the Radiologic Society of North America and the American Roentgen Ray Society.

**Columbus Plastic Surgery:** Columbus Community Hospital announced the addition of Columbus Plastic Surgery in January 2019. The clinic was the first plastic surgery clinic to be established in Columbus. It offers the services of Dr. Sanjay Mukerji who is board-certified in plastic surgery and has been in practice for more than 20 years. He received his medical degree from the All India Institute of Medical Sciences and trained in Washington, D.C.

**TelePsychiatry Program:** This fiscal year, CCH expanded its partnership with Bryan Telemedicine to offer local patients around-the-clock access to a board-certified psychiatrist without leaving the hospital.



## Reviewing Our Year in Advancements (Continued)

The service is available to all patients in the emergency department and acute care unit for emergent or follow-up consultations. Through the program, attending physicians have access to a mobile telemedicine cart that can be wheeled into each patient's room. Once inside, a nurse or physician connects to a board-certified psychiatrist from Bryan Telemedicine.

**Cancer Service Line:** To better serve area residents who have been diagnosed with cancer, CCH developed a patient navigation program and created the positions of oncology nurse navigator and oncology social worker.

These positions were created to help better educate and prepare patients for cancer treatment. Patient navigation programs and positions like these have been shown to improve patients' timely access to medical treatment, as well as patients' comfort level with, and understanding, of the health care system.

### ORGANIZATIONAL:

Columbus Community Hospital is proud to deliver safe and quality services to area patients. One of the tools the organization uses to maximize efficiency and accountability is called "just culture." Just culture refers to a values-supportive model of shared accountability. It's a culture that holds organizations accountable for the systems they design and for how they respond to staff behaviors fairly and justly. In the hospital, staff members utilize this by creating a culture that is nonpunitive. When an error or near miss occurs, hospital leaders encourage staff to report it. By reporting these issues, our team has an opportunity to improve and eliminate the potential for future errors.

CCH also uses a patient-centered methodology called Lean Healthcare. The ultimate goal behind LEAN is to eliminate waste, improve processes and increase overall patient satisfaction. Through LEAN, employees are encouraged to take part in the practice and share any ideas they have to improve the quality of care in the facility. The hope is to improve patient care, patient satisfaction, staff satisfaction and regulatory compliance, as well as reduce inventory, costs, mortality rates and morbidity rates.

### COMMUNITY:

Hospital leaders also strive to ensure that CCH impacts the community both inside and outside of the walls of the facility by holding various community events.

The 8th annual We Can Run, Walk & Roll event was held on Saturday, October 6. The event is designed to celebrate the abilities of individuals with disabilities and to promote health and well-being in our community. Proceeds from We Can Run, Walk & Roll are used



to purchase AmTrykes for those in our community who need the adapted tricycles and would not otherwise be able to purchase them.

The 15th annual Tune Up for Life Community Health Fair was held Saturday, September 8. The health fair featured free health screenings for blood pressure, body composition, bone mineral density, colorectal cancer, flexibility, hearing, strength and vision. Discounted health tests and vaccines were also available, including atrial fibrillation, abdominal aortic ultrasound, peripheral arterial disease, carotid artery ultrasound, seasonal flu shots, pneumonia vaccinations and much more.

On Friday, June 22, Columbus Community Hospital hosted the Pain Management Symposium. The event included speakers such as Dr. Marty Makary, a surgeon and researcher at John Hopkins University School of Medicine and Dr. Phillip Essay with Nebraska Spine + Pain Center. It informed area providers on the status of the national opioid crisis and how to control abuse and addiction locally.

### Other community events offered by CCH include:

- Ask the Pediatrician
- Kids Safety Day
- Senior Living Festival
- Veterans Appreciation Breakfast
- Oh Deer, The Holidays are Here!
- Eggsperience Easter Egg Hunt
- Extravaganza Butterfly Release

