

An in-depth look at ...

Columbus Community Hospital **2015-2016**

Where your health matters.



Columbus Community Hospital (CCH) is a not-for-profit hospital that opened its doors in the present location in August, 2002. The new facility sits on 60 acres.

In 2012, a 30,000 square foot addition was added to the Hospital's original 153,000 square foot building. The growing list of healthcare providers also required the Hospital to build a second 32,500 square foot Healthpark Medical Office building to the existing 40,000 square foot complex.

The Hospital is licensed by the Nebraska State Board of Health. It is accredited through The Joint Commission and has been recognized by them for the past five years as a "Top Performer on Key Quality Measures®". CCH is one of only 117 hospitals across the nation to receive the honor for five consecutive years.

Columbus Community Hospital is one of the nine founding members of Enhance Health Network. This Hospital is also a member of the Nebraska Hospital Association (NHA), American Hospital Association (AHA), Vizient, Inc., Mid-American Hospital Alliance (MAHA), and Heartland Health Alliance (HHA).

MISSION:

Our Mission is to improve the health of the communities we serve.

VISION:

Our Vision is to compassionately deliver the state's highest quality patient care.

VALUES:

Integrity

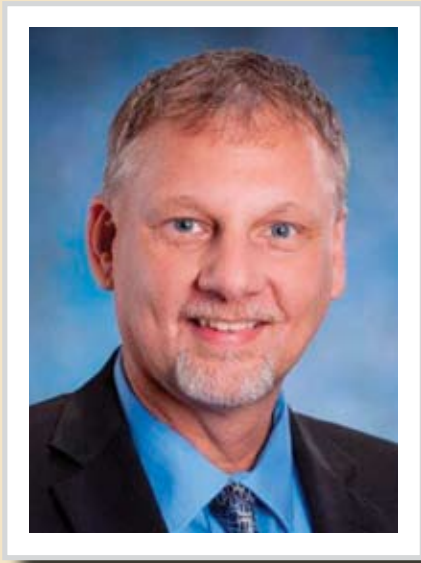
Compassion

Accountability

Respect

Excellence





Michael Hansen, FACHE
President/CEO

A Message From Our CEO:

At Columbus Community Hospital, we are committed to creating a culture that treats you and your family like our own. Not only do we treat patients with compassionate care within the walls of our facility, but we also work throughout the community by hosting a variety of programs, health screenings and events geared toward improving the health and wellness of the communities we serve.

Over the years, Columbus Community Hospital has strived to remain on the cutting edge of technology advances. We are proactive in looking beyond today's solutions to prepare ourselves for what lies ahead in the healthcare field. This positions us to keep the best care possible close to home.

It is an honor and a privilege to lead an organization in which the staff and physicians play such an integral and important part in providing our patients with high quality service. It is comforting to know that our patients are cared for by providers they can trust from birth all the way through end of life care.

Please take a moment to review this condensed overview of the exciting initiatives we have been a part of and the many ways we are building towards a healthier tomorrow for our community.

Strategic Planning:

As the "provide-more-services/receive more payment" volume-based model changes in the future, Columbus Community Hospital is preparing to succeed under the new model of reimbursement. Good physician relationships, effective care coordination, sophisticated information systems, an efficient method of providing services, effective relationships with insurance companies and employers, attention to cost structure, sound financial management, and capabilities to grow size and scale of services will be areas of focus as we move forward.

Board of Directors 2015-2016

Brian Schmidt, Chairman
Clark Lehr, Vice Chairman
Brett Bonwell, Treasurer
Michael Hansen, Secretary
Stan Emerson
Ronald Ernst, M.D.
Jeffrey Gotschall, M.D.
Bonnie McPhillips
Beth Przymus
Tim Tooley
Christian VanKirk, M.D., Medical Staff President

CCH Foundation

During the Fiscal Year of May 1, 2015 through April 30, 2016, the CCH Foundation has provided \$534,608 in funding for Hospital projects and programs, to include:

- Funding for 3D Tomosynthesis mammography system
- Whirlpool bathtub for the Skilled Nursing Unit
- Support for the Hospice, SHAPEDOWN®, Star® Cancer Rehab, Lymphedema and Parkinson's Disease programs
- Wiggles and Giggles sensory integration tools
- Nebraska photography for Hospital waiting areas and hallways
- Gazebo for patients, visitors and staff
- Eight scholarships for students pursuing medical careers



Recognition & Awards

- TJC Top Performer on Key Quality Measures Five Years in a Row (2010-2014)
- Blue Distinction Center+ Maternity
- Blue Distinction Center for Knee and Hip Replacement

Quick Facts:

Our People:

- Hospital leadership consists of an 11 member Board of Directors, President/CEO and 4 Vice-Presidents.
- Over 635 employees
- Over 237 volunteers
- Active medical staff of 45 physicians representing 14 medical specialties

New Services for 2015-2016:

- Simpliciti Shoulder Replacement Solution
- 3D Mammography
- Quiet Time
- Dietary Room Service
- Concussion Management Clinic

Our Facility:

- The Hospital offers inpatient and outpatient surgery, 24-hour emergency services, and inpatient Hospitalist care.
- Premier Physical Therapy, the Hospital's off-site clinic offers aquatic therapy, a rehabilitation gym and the Athletic Republic sports enhancement program.
- The Hospital's south campus houses offices for our medical outreach services of Home Health/Hospice, Occupational Health Services and Sleep Lab.

2015 Calendar Year:

Total Annual Admissions -

Inpatient Admissions: 2,833
Emergency: 11,783
Outpatient Procedures: 3,275
Inpatient Procedures: 656

Additional Statistics -

Respiratory Therapy: 17,961
Mammograms: 3,862
Meals on Wheels: 15,740
Births: 646
Cardiopulmonary and Wellness program visits: 15,364
Physical, Occupational & Speech visits: 28,189



Enhance Health Network

Community Benefit Summary

TRADITIONAL CHARITY CARE\$724,507

Healthcare services provided free of charge or at a discounted fee schedule to persons who meet pre-determined financial criteria. As required for Government reporting, this figure is based on calculated costs, not charges to patients.

COMMUNITY HEALTH EDUCATION AND OUTREACH..... \$182,989

Includes activities carried out to improve community health and healthcare services that are subsidized because they meet an identified need in the community. Examples include:

- First Steps prenatal program, baby care and breast feeding classes
- Meals on Wheels – over 11,000 people served by this program
- Tune up for Life Health Fair
- Local business workshops hosted by Occupational Health
- Health Diabetes education
- Healthy lifestyle programs through registered dietitians
- Volunteer services
- Healthcare support services
- Healthy Families Network – offering educational support and resources to over 340 families
- Free Interpreter Services

MEDICAID SHORTFALLS..... \$2,899,214

Medicaid shortfalls are deficits created when Columbus Community Hospital receives payments from the government that are less than the cost of care for public programs.

SUBSIDIZED HEALTH SERVICES..... \$32,306

These programs generate little or no income and most likely would not exist if not provided by Columbus Community Hospital and the Hospital's Wellness Program for the medically at risk.

HEALTH PROFESSIONAL MEDICAL EDUCATION \$346,000

Scholarships and funding for health professionals' education

CASH AND IN-KIND DONATIONS..... \$42,929

- Community Building Activities
- Community Benefit Operations
- Community sponsorships – Includes cash and in-kind donations to non-profit organizations for charitable purposes.
- American Cancer Society
- American Heart Association
- ALS Walk Alzheimer's Memory Walk
- Columbus Community Garden

TOTAL AMOUNT OF COMMUNITY BENEFIT \$4,227,945

In 2013, the Hospital became one of the founding members of the Regional Provider Network, L.L.C. (RPN) established by a group of independent healthcare systems in Nebraska. Its purpose: combine strengths to help one another reduce the cost of healthcare and enhance health at the community level.

Over the past two years the organization has grown to include 66 healthcare systems, hospitals and their employed physicians, and also independent physicians and practices in three states: Nebraska, Iowa and Missouri.

Today, the organization moves forward as the Enhance Health Network (Enhance), an alliance of independent healthcare providers working together to facilitate high-quality, affordable care through innovation, collaboration and education while allowing these members to maintain their independence.

Columbus Wellness Center - NOW OPEN



Columbus Community Hospital (CCH) completed construction of the Columbus Wellness Center on property purchased adjacent to the Hospital. A Community Open House was held on Sunday, November 1, 2015 with approximately 3,500 attendees.

The Wellness Center brings together fitness, wellness, and outpatient rehabilitation, including adult and pediatric physical therapy, occupational therapy and speech therapy.

All medical rehabilitation services are provided by CCH. The adult services moved to the Wellness Center from their previous location of the Hospital's third floor and the

pediatric rehab services, Wiggles and Giggles Therapy for Kids, moved from their off-site location. Their move to the Wellness Center allows easier access, more space and increased convenience for patients. It also provided an opportunity for the Hospital to offer a 2nd aquatic therapy location.

The Hospital, along with the Board of Directors, chose the YMCA of Columbus to be the fitness services provider. The YMCA has a strong commitment to health and wellness, which makes it the perfect provider for this service.

Community Health Improvement Plan

Columbus Community Hospital, along with the East Central District Health Department and other agency partners presented to the community the results of our service area's Comprehensive Community Health Needs Assessment (CHNA). The Community Health Needs Assessment conducted in 2012 and again in 2015 served as the foundation for development of a Community Health Improvement Plan (CHIP) that would guide Platte County over the course of three year intervals. The CHIP plan has been updated and reviewed on a quarterly basis over the duration of the plan.

Community members were invited to a meeting to help set goals, prioritize areas of need, develop an action plan and implement strategies on how we as a community would plan to meet the highest priority health needs, define resources and strategies that could be used to meet those needs and identify the anticipated impact of the strategy.

The five identified community health needs or priority issues for Platte County and its collaborating partners were: Access to Healthcare, Obesity, Family Support, Substance Abuse, and Mental Health

The Hospital is taking the lead and working with the East Central District Health Department and other health and business-related agencies to complete and address the needs of our communities.

We Can Run, Walk and Roll

The We Can Event began in 2010 by the Hospital's Rehabilitative Services, Premier Physical Therapy and Wiggles and Giggles Therapy for Kids™ as an event to eliminate the barriers of physical disabilities and allow competitors of all levels and abilities to race together.

100 Miles in 100 Days

100 Miles/100 Days is an inspiring walking program for people of all ages, sizes and athletic abilities, and a great way for participants to start working toward their fitness goals.

Annual Tune Up For Life

Area residents had the opportunity to start the new year down a healthier road by attending the twelfth annual "Tune Up For Life" health fair with free and discounted health screenings.

Free Pap & Mammography Screenings

Statistics show that one in eight women will be diagnosed with breast cancer. Platte County has the highest family poverty rate in the area. Our goal was to provide women in our county with life-saving mammography screening and, if needed, additional diagnostics despite income.

Healthy Cooking Classes

The Hospital's dietitians, Tessa Shultice and Joan Plummer, organized monthly healthy cooking classes at the new Columbus Wellness Center. The cost of the class was \$15 per person per session which included materials and food samples.

S.N.A.P. Camp

Healthy youth grow into healthy adults. This 2-Day Summer Health Camp helps children learn how to make good healthy choices in nutrition, exercise and safety. The camp emphasizes personal growth and physical activities that teach the youth how to stay healthy for life.



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